

Blake & Gwen: Heating
Up After *The Voice*

HE'S
BONDING
WITH HER
KIDS!



EXCLUSIVE

Eva Longoria
NEW SHOW—
AND
NEW FIANCÉ!



ALL
ABOUT THE
NEW ROYAL
PICS!



Lisa
Nicole
Carson

Ally McBeal Star
MY BATTLE
WITH MENTAL
ILLNESS

A TEEN'S SHOCKING MURDER

WHO KILLED JESSICA?

Her fiery death
left a small town
gripped by grief
and suspicion.
Inside the
desperate search
for her killer

**THE CLUE
IN HER
HAUNTING
LAST
WORDS**

January 4, 2016



Jessica
Chambers

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For January 4, 2016

'I think there's a part of you where you become addicted to it. I love feeling strong. You pick up your daughter with ease while everyone else makes a little grunt when they pick up their kids.'

—JOHN KRASINSKI, on the perks of getting buff (for him and 22-month-old Hazel!), to *Men's Health*

'It still feels like a dream.'

—GIGI HADID, on designing a capsule collection for Tommy Hilfinger

'Mothers and daughters #wearewithhillary'

—KATIE HOLMES, captioning an Instagram photo of her and daughter Suri, 9, meeting Hillary and Chelsea Clinton

'Happy birthday to my baby girl! Sad I lost my virginity. But thankful I have a daughter.'

—RYAN REYNOLDS, celebrating daughter James's 1st birthday, on Twitter

'I would love those things, but I don't really see it for myself. I hope that happens, but I don't know how realistic it is.'

—AMY SCHUMER, on whether or not she plans to start a family, during an interview with Barbara Walters for her *Most Fascinating People of 2015* special

'There was no boy! It just was a song!'

—MONICA, setting the record straight about the reported feud with Brandy sparked by their 1998 single "The Boy Is Mine," on HuffPost Live

'If only you could see yourself through my eyes! I'll forever be obsessed with you! My one and only! #MyAce'

—KHOE KARDASHIAN, showing support for brother Rob, on Instagram

Q & A

Lea Michele

The actress, 29, has partnered with #ActuallySheCan to motivate young women to achieve their personal and professional goals

Did you make any New Year's resolutions?

I want to just keep going for it and keep pushing myself. I've had the best time on *Scream Queens*, so I hope we get to come back, and I have my second album coming out.

How do you maintain such a balanced life?

I have a really small circle, and I'd rather have a strong, very intimate group of people that I can spend my time with. I'm always making sure to have that time with my boyfriend [Matthew Paetz], even if it's just ordering in food and watching a movie.

Would you say that's your go-to date night?

Yeah, except for when he falls asleep watching 10 minutes of a movie that I was really excited to see. But, yes, staying home and watching a movie is date night for me—the best night ever!

—NICOLE SANDS

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People contents

January 4, 2016 / Vol. 85 / No. 1

ON THE COVER

- 44 Jessica Chambers
- 6 The royals
- 19 Gwen Stefani and Blake Shelton
- 50 Eva Longoria
- 73 Lisa Nicole Carson



14

Style Tracks

Lupita Nyong'o shines in "space-agey" outfits on her *Star Wars* press tour.



50

With a new show and a new fiancé, Eva Longoria shares her journey to happiness.



44

JUSTICE FOR JESSICA

More than a year after the brutal killing of 19-year-old Jessica Chambers in Courtland, Miss., police and her heartbroken family are still searching for answers.

ON THE COVER Photograph by Jimmy Alford Studios. Insets: (Stefani) Trae Patton/NBC/Getty Images; (Shelton) Digital Focus/Splash News; (Longoria) Cliff Watts; (Royals) Alpha Press/AdMedia; (Carson) Amanda Marsalis



62
Meet Daisy Ridley
and the other scene-
stealers in *Star Wars:
The Force Awakens*.

19 SCOOP Blake Shelton
and Gwen Stefani are
going strong. Plus: all about
Kourtney Kardashian's
fling with **Justin Bieber**

56 Dr. Bennet Omalu, the
inspiration for *Concussion*,
fights to make football safer

67 Eddie Redmayne opens
up about Oscar night, his
wedding and his challenging
new role in *The Danish Girl*

70 Will Ferrell and
Mark Wahlberg riff on
fatherhood and their new
comedy *Daddy's Home*



ALSO IN THIS ISSUE

CHATTER.....	1
STAR TRACKS.....	6
STYLE TRACKS.....	14
SCOOP.....	19
PASSAGES.....	32
PEOPLE PICKS.....	35
GREAT IDEAS	81
STYLE.....	84
BEAUTY.....	86
PUZZLER.....	88
SECOND LOOK.....	91
ONE LAST THING.....	92



73
Ally McBeal
star Lisa Nicole
Carson shares her
struggle with
bipolar disorder.

*Demi
Levato*

NEW **SKECHERS**
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StarTracks

HIDE & SEEK

Miami, Dec. 16
Game of Thrones' Natalie Dormer gets playful for photographers, hiding in the trees at a special screening of her new film *The Forest*.



DADDY'S GIRLS

Los Angeles, Dec. 17
 Sylvester Stallone turns game night into a family affair and snaps a selfie with daughters Sistine, Sophia and Scarlet at the L.A. Lakers game at the Staples Center.



OUT 'N' ABOUT

SPREADING PEACE

New York City, Dec. 14

Kate Hudson attends the New York premiere of *The Hateful Eight* in an all-black ensemble and shows her support for Kurt Russell, who stars in the film.



NO. 1 FAN

New York City, Dec. 17

The ageless Christie Brinkley—in a T-shirt depicting new beau John Mellencamp—flashes her pearly whites backstage at ex-husband Billy Joel's concert at Madison Square Garden.





GOING FOR A DIP

Maui, Dec. 14

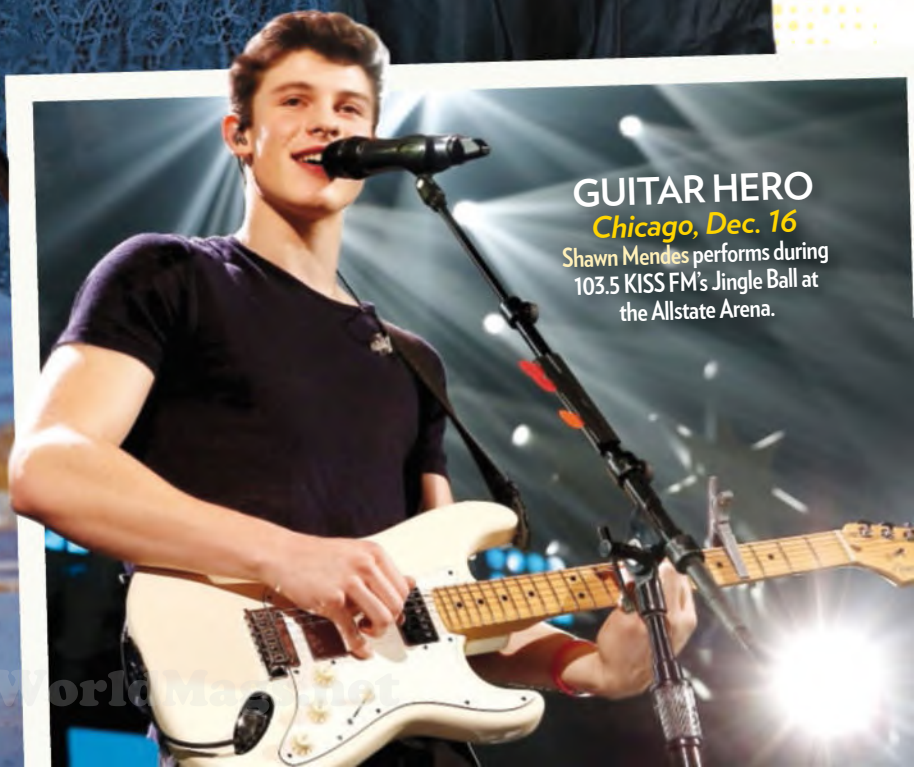
Setting our fitness goals for 2016, Olivia Wilde walks back to shore after paddleboarding while on vacation with fiancé Jason Sudeikis.



SISTERLY SUPPORT

New York City, Dec. 15

Venus Williams (left) sticks with sister Serena at the 2015 Sports Illustrated Sportsperson of the Year Awards, where Serena was honored.



GUITAR HERO

Chicago, Dec. 16

Shawn Mendes performs during 103.5 KISS FM's Jingle Ball at the Allstate Arena.

PLAYFUL PRINCE

George will be “bouncing around like a rabbit” on Christmas Eve, William recently told *The Big Issue* magazine.

BEFORE THE CHOP

In the pic, Kate still has longer locks and what she called her “mummy fringe”—she debuted a shorter cut on Dec. 9.

SIGNATURE SOCKS

George wears his trademark knee-length socks from Amaia, ‘Jo’ shoes by Start-rite and a Fina Ejerique sweater.

SEEING DOUBLE

Charlotte is in the same m&h floral dress and Amaia tights she wore in recently released portraits taken by her mother.



'I THOROUGHLY ENJOYED PHOTOGRAPHING A VERY LOVELY FAMILY—ALTHOUGH YOU HAVE TO BE SHARP, AS YOU DON'T HAVE LONG WHEN THERE ARE TWO YOUNG CHILDREN INVOLVED!'

—PHOTOGRAPHER
CHRIS JELF



ROYAL CUDDLE

The cover of Prince Charles and Camilla's card is decorated with the prince's feathers (his emblem) and Camilla's cipher.

ROYALS



UPDATE

Merry Christmas from the most royally adorable family around! This portrait (left), released Dec. 18, was shot in October by former soldier Chris Jelf at Kensington Palace for the family's Christmas card. In a statement from the palace, Prince William and Princess Kate said they are "hugely appreciative of all the warm messages they have received about their family this year and are very much looking forward to their first Christmas as a family of four." While 7-month-old Princess Charlotte is busy being her delightful self, Prince George, 2, will be off to school part-time in the new year, at Westacre Montessori School in Norfolk, near the family's country home, 110 miles north of London. Meanwhile, Prince Charles and Camilla, Duchess of Cornwall (top), opted for a surprisingly personal photo for their Christmas card, taken by a friend of the prince's during the couple's summer holiday at a private estate in Scotland. The sweet snap perfectly captures the down-to-earth duo, who have given each other the pet nicknames Fred and Gladys (from Charles's favorite radio-comedy program, *The Goon Show*).



THE TRAIN

It's safe to assume George's \$24 toy train from U.K.-based Orange Tree Toys is about to sell out—fast!



LET'S GET PHYSICAL

Los Angeles, Dec. 16

Sofia Vergara and Julie Bowen shoot a scene for *Modern Family*.



STARS ON-SET!

ROCKING OUT

Green Day frontman Billie Joe Armstrong poses onstage with the stars of his Off-Broadway musical *These Paper Bullets*! "This is the perfect experience after *American Idiot*," he tells *People* of the show about four British rockers. "It sounded like the party I've always wanted to go to."



SUITED UP

Almería, Spain, Dec. 7

Michael Fassbender rehydrates between takes on *Assassin's Creed*.



LADY IN RED

Atlanta, Dec. 17

Queen Latifah shows off a new 'do while hitting the set of Lee Daniels's latest untitled TV pilot.



OFFICIATING 'I DOS'

Beverly Hills, Dec. 15

In Josh Duhamel's new film—the satirical drama *This Is Your Death*—he plays a reality TV host whose show takes a dark turn.

A large, central portrait of Katie Couric, a woman with shoulder-length blonde hair and blue eyes, smiling warmly. She is wearing a black top and holding a pair of black-rimmed glasses in her right hand, which also features a ring. The background is a collage of various news-related images, including people in studio settings, outdoor scenes, and portraits of other individuals.

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CELEBS IN THE SPIRIT



ROYALS GIVING BACK *Monaco, Dec. 16*
Prince Albert II and Princess Charlene attend a gift-distribution event at the Palace of Monaco, a tradition started by Albert's mother, Princess Grace, decades ago.

GIFT- WRAPPED GOODIES

N.Y.C., Dec. 17

What's in the box? Must be something good! Julianne Moore is all smiles parading a present in the West Village.



SNEAKY SMOOCH

L.A., Dec. 16

Selma Blair snuggles up to Santa Claus at a Baby2Baby event at the Grove.



SPRUCED UP

N.Y.C., Dec. 14

We're "Crazy in Love" with Beyoncé's Christmas tree costume, which she wears to attend a party with Jay Z.



SECRET SANTA

Charlotte, N.C., Dec. 15

Ride Along 2's Ice Cube and Kevin Hart join Carolina Panthers quarterback Cam Newton for "Santa Cam's Surprise Sleigh," delivering gifts to kids in need. "I get a lot out of doing this too," Newton tells *People*. "It helps me to remember how blessed I am."



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STYLE SPOTLIGHT

Lupita Nyong'o

THE STAR LIGHTS UP THE ROOM (ONCE, LITERALLY!) ON HER INTERGALACTICALLY GLAM STAR WARS PRESS TOUR



STAR WARS IS SUCH AN ICONIC FRANCHISE. WE WANTED TO DO SOMETHING FUN AND SPECIAL TO HONOR THAT,' STYLIST MICAELA ERLANGER SAYS OF NYONG'O'S 'SPACE-SEY' OUTFITS



500 LED LIGHTS BUILT INTO THE DRESS BLINKED ALL NIGHT! ONLY SHE COULD PULL IT OFF,' ERLANGER SAYS

FORCE 4 FASHION EVENT, N.Y.C.

"We had an extra battery pack, just in case!" Erlanger says of this high-tech ZAC Zac Posen x Google gown and Chopard jewelry, worn with Christian Louboutin shoes.

LOS ANGELES PREMIERE

"She joked that she brought the galaxy with her, and she really did," in her Alexandre Vauthier Couture gown and Chopard jewelry, says Erlanger. "It was a knockout."

MEXICO CITY PHOTO CALL

Futuristic accessories (like her mesh Casadei pumps, worn with a Roland Mouret sheath) were in but sparingly: "It's about knowing when to scale back and when to go for it."

MEXICO CITY PREMIERE

Erlanger loved this Louis Vuitton dress for its "super luxe" shine: "On her skin it was so beautiful. It hugged her body," she says. "We've never done anything like that."

ON THE ELLEN DEGENERES SHOW

"I saw that walk down the runway and was like, 'That's mine!'" Erlanger says of this David Koma skirt set. "It was subtly edgy but still flirty and playful—very much Lupita."

LONDON PREMIERE

This bold Proenza Schouler two-piece (with Giuseppe Zanotti Design heels) was a "Whoa" moment for the team. "You have to really own it, and she did. I think it was flawless."

FROM LEFT: PAUL BRUNO/GE/PA/TRICK; MCULLAN COSIPA; KAZUKI HIRATA/HOLLYWOODNEWSWIRE; (PHOTO, INFO: CARLOS TISCHLER/REX SHUTTERSTOCK; MICHAEL ROZMAN/WARBER BROS.; DANIEL DEWEIN/IN; (INSET) ANGELA PHAM/BA/SPA

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AFTER THE BLACKLIST

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JANUARY 4, 2016

Scoop

ALL THE
NEWS &
BUZZ FROM
HOLLYWOOD



BLAKE SHELTON
& GWEN STEFANI

HAPPIER THAN EVER!

BY MELODY CHIU

ALL SEASON LONG, FANS OF *The Voice* have watched superstar coaches Blake Shelton and Gwen Stefani adorably banter and flirt. And though the ninth season of NBC's singing competition has wrapped, the couple's relationship is still heating up. "They're continuing to grow closer," says an insider close to the singers. "They've been able to

"They both seem much happier," says a source about the duo (inset top, on Dec. 10 in L.A.; left, with Pharrell Williams and Adam Levine in a photo posted on Stefani's Twitter).

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The pair (at a *Voice* party on Dec. 16) are “very excited about their relationship,” says the source. “He is great with Gwen’s boys.”

support and relate to each other and have gotten through a very difficult and now triumphant time in their lives.” Earlier this summer Shelton, 39, and Stefani, 46, bonded over their broken marriages (Shelton split from Miranda Lambert, 32, in July and Stefani announced her separation from Gavin Rossdale, 50, two weeks later), but now their heartbreak appears to be behind them. “They’re just the cutest couple,” says *Voice* contestant Amy Vachal. “We’ve gotten to know them in different ways than the viewers on the show, and we see their connection.”

During his marriage to Lambert, Shelton regularly shuttled back and forth between his home in Tishomingo, Okla., and Los Angeles to shoot the show, but recently he’s been happy to hang out in L.A. to be with Stefani. “They seem to be spending every second together,” says a source. On a recent trip back to Tishomingo, according to multiple sources, the country star introduced

his girlfriend to another important woman in his life: his mom, Dorothy. Back in L.A., he has gotten to know her family—like on Dec. 17, when he hung out at her parents’ home with her dad, Dennis— and has “seamlessly fit into Gwen’s life since they started dating,” says the insider. Indeed,

Stefani’s three sons with her ex—Kingston, 9, Zuma, 7, and Apollo, almost 2—are big fans of Mom’s new boyfriend. “They adore him,” says the insider. “Blake loves kids and has been having a lot of fun when he spends time with hers.”

While the pair have become more public with their relationship, most of their time is spent holed up at Stefani’s home. “Their lifestyles fit,” says the source. “They prefer to stay home instead of going out at night.” But even with all the big steps they’ve taken recently, they continue to take things at their own pace. “There’s no pressure,” says the insider. “They’re having fun and enjoying each other.”

—With additional reporting by Pernilla Cedenheim

‘THEIR PERSONALITIES ARE SO PERFECT FOR EACH OTHER. GWEN IS GLOWING AND BLAKE HAS A SMILE ON HIS FACE ALL THE TIME’
—INSIDER CLOSE TO STEFANI AND SHELTON

KOURTNEY KARDASHIAN’S LOVE LIFE
TALE OF 2 BAD BOYS

THOUGH HER FLING WITH THE SINGER ISN’T SERIOUS, HERE’S HOW THE MEN IN HER LIFE STACK UP:



Kourtney, 36, who has three children with Scott, “just wants to have fun.”



Scott Disick, 32		Justin Bieber, 21	
One	TATTOOS	Too many to count	
Preppy aristocrat	STYLE	Modern MC Hammer	
The Lord	NICKNAME	Biebs	
Alcohol abuse and infidelity	ISSUES	Brushes with the law and bad behavior	
Loves his kids. “He is committed to staying sober,” a source said in November	REDEEMING QUALITIES	Making amends for past mistakes. “It’s time for me to grow up,” he said in March.	

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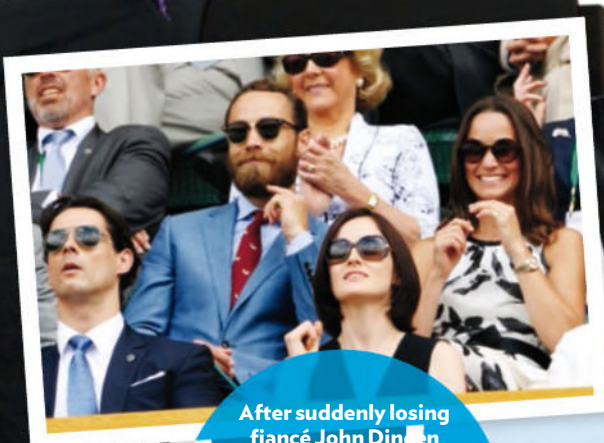
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Downton Abbey's **MICHELLE DOCKERY** **HER HEART- BREAKING LOSS**

IT WAS THE KIND OF UNSPEAK-
 able tragedy that plays out on
 the show that made her
 a star, but for *Downton Abbey's*
 Michelle Dockery, the loss
 was all too real. In America
 promoting the last season of the
 series, Dockery cut her trip short
 when she received devastating
 news: Her beloved fiancé, John
 Dineen, 34, a public relations
 executive from Ireland, was on
 his deathbed. Diagnosed with a
 rare form of cancer earlier in the
 year, Dineen died in a Cork
 hospice on Dec. 13 with Dockery,
 who turned 34 two days later,
 by his side. (Dineen would
 have been 35 the day after his
 Dec. 16 funeral.)

"He was my king, my hero,
 my everything," she said in a
 eulogy at his funeral in the
 parish of Ballinora. Theirs was
 a true love story. Dineen fell for
 Dockery after being introduced
 by her *Downton* costar Allen



After suddenly losing
 fiancé John Dineen
 to a rare form of cancer,
 Dockery (above, with
 Dineen at Wimbledon)
 told funeral attendees at
 the church of St. James in
 Ireland that he was "an
 extraordinary man."






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Mornings on  **NBC**

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Leech in 2013. “John’s charm was legendary,” Dockery said. “He had a presence that was electric.” The pair became inseparable, spending time in Ireland and London. Though they preferred to keep their romance out of the spotlight, the actress gushed in late 2014: “I have a wonderful man in my life.”

After his diagnosis, Dineen reportedly went to Germany for experimental treatment, but it did not slow his disease. Before the funeral, Dockery—joined by Dineen’s parents, Maria and Patrick, and her own—followed his coffin into the church of St. James, which is near his family’s farm. “It’s heartrending to see a young couple separated like this,” a Cork official who attended the funeral tells *People*. “They had their whole lives in front of them.”

—JANINE RUBENSTEIN WITH NICOLA BYRNE IN CORK



THE LOVE OF HER LIFE
The engaged duo (here in Venice in 2013) were introduced by her *Downton* costar Allen Leech in 2013.



WORD ASSOCIATION WITH HODA KOTB

THE TODAY SHOW HOST, 51—WHOSE NEW BOOK *WHERE WE BELONG* HITS STORES ON JAN. 5—FREE ASSOCIATES:

Happiness

Morning. I think I feel my happiest earlier in the day: No mistakes have been made, and it’s full of promise. I crank up music in the morning!

Love

Joel. It’s one of the most natural relationships I’ve ever been in. I’m so happy, but you hate to jinx something! He gives me butterflies again at 50 years old.

Kathie Lee

Faithful. Some people see her and see Lucille Ball with a glass of wine in her hand. I see all of that too, but more than that I see a faithful person. That was never more apparent than after Frank [Gifford, her husband] passed. I had a friend whose dad passed say, “I looked at the TV and saw Kathie Lee went to work, so I went to work.”

Twitter

Addicted. I’m always on it. You’re like, “What was that one thing the Republican candidate said?” and then you dig a little deeper and just keep going. It’s a rabbit hole. Get me out of it, I have work to do. I’ve got to feed my dog.

Guilty Pleasure

Cookies. I could eat a box of black and white Entenmann’s cookies. To stop myself I pour Cascade on the rest of them and put them in the garbage. I put detergent on food so I don’t eat it!

—JANINE RUBENSTEIN



BRIDGET JONES SHE’S BACK—AND PREGNANT!



Pick up the latest issue of *Entertainment Weekly* (out now).

Still a singleton: Despite ending 2004’s sequel engaged to dashing Mark Darcy, Bridget Jones returns in *Bridget Jones’s Baby* (out Sept. 16) as a solo mom-to-be. So is the baby daddy Colin Firth’s stoic Brit or the billionaire Yank (played by Patrick Dempsey)? Even the film’s star Renée Zellweger isn’t sure which alternate ending is used. Says the actress in this week’s *Entertainment Weekly*: “Nobody has said yet, and they’re keeping it that way.”





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THE VOICE WINNER
JORDAN SMITH

HIS PLANS FOR THE FUTURE

Congratulations on winning *The Voice*! What was going through your head when your name was called?

I suddenly was overwhelmed with emotion! I started remembering all it took to get to this point, [but] I reminded myself just how special this moment was and said, "Look around. Remember these sights, these smells, these sounds."

What's the best advice your coach Adam Levine gave you this season?

One of the most important things is something he didn't even say. I learned by his example that when you have a gut feeling, you have to go with it. Musicians sometimes just know when something works or it doesn't, and he's very led by that. He's an instinctive person.

Is there an artist you look up to?

Adele. When I listen to her songs, they take me back to a place in my life. I want to make music like that. I'm ready to get into the studio, write new music and get it out since it's from my heart and comes directly from who I am.

You're from Kentucky—any plans to relocate?

I don't know that I want to stay in L.A. permanently, but I'm excited to work there for a little bit and explore. I was so busy during the show that I haven't even gotten to the beach yet!

You told your girlfriend Kristen three years ago you were going to audition for *The Voice*, and now you've won the show. What was her reaction?

She was so proud. She came onstage and hugged me and just told me, "This is it." She's been through it all with me and has been such a big support, so to have her with me was so special. It's so full circle.

What does this win mean for you?

It's a big confidence booster. The show's proven to me that what matters is on the inside. Each week, I've proven there's a place for people like me in the industry, and it's wonderful to be part of a show where that's celebrated.

—MELODY CHIU



"It's just beginning to settle in how real this is," says Smith.

(Levine, top right).





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Important Safety Information

If you have an allergic reaction or a severe rash with Tamiflu, stop taking it and contact your doctor right away. This may be very serious. People with the flu, particularly children and adolescents, may be at an increased risk of seizure, confusion, or abnormal behavior early during their illness. Let your doctor know if you are pregnant, nursing, have heart problems, breathing problems, a

What is Tamiflu?

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- effective in treating or preventing flu in people with weakened immune systems (immunocompromised)
- safe and effective for treating flu in children less than 2 weeks of age or preventing the flu in children less than 1 year of age

Tamiflu does not treat or prevent illness that is caused by infections other than the flu virus, nor prevent bacterial infections that may happen with the flu.

Tamiflu does not take the place of receiving a flu vaccination. Talk to your healthcare provider about when you should receive an annual flu vaccination.

Who should not take Tamiflu?

Do not take Tamiflu if you are allergic to oseltamivir phosphate or any ingredient in Tamiflu.

Before you take Tamiflu, tell your healthcare provider if you:

- have problems swallowing Tamiflu capsules
- have kidney problems or any other medical conditions
- have a history of fructose (fruit sugar) intolerance, because Tamiflu contains sorbitol that may cause upset stomach and diarrhea in people who are fructose intolerant
- are pregnant or plan to become pregnant. It is not known if Tamiflu will harm your unborn baby
- are breastfeeding or plan to breastfeed. It is not known if Tamiflu passes into your breast milk. You and your healthcare provider should decide if you will take Tamiflu while you are breastfeeding

Tell your healthcare provider about all medicines you take, including prescription or over-the-counter medicines, vitamins, and herbal supplements.

Keep a list of medicines you take to show your healthcare provider when you get a new medicine.

How should I take Tamiflu?

- Take Tamiflu exactly as your healthcare provider tells you to. Tamiflu can be taken with food or without

When your little one gets the flu, it's a really big deal.

With fever, aches, and chills, the flu virus needs a big solution: an antiviral. Antiviral TAMIFLU attacks the flu virus at its source and helps stop it from spreading in the body. In studies, TAMIFLU helped shorten the time children ages 1-12 were sick by 1.5 days (26% sooner). Call your doctor within the first 48 hours of symptoms and ask about prescription Tamiflu.

**ANTI-FLU?
GO ANTIVIRAL**

Tamiflu is FDA approved to treat the flu in people two weeks and older whose flu symptoms started within the last two days.



weakened immune system (immunocompromised), kidney problems or other medical conditions, as Tamiflu may not be right for you. Also tell your doctor about any medications you are taking or if you've received a nasal-spray flu vaccine in the past two weeks. The most common side effects are mild to moderate nausea, vomiting, diarrhea and stomach pain.

Please see the Tamiflu full Prescription Information for complete important safety information.

You are encouraged to report side effects to Genentech by calling 1-888-835-2555 or to the FDA by visiting www.fda.gov/medwatch or calling 1-800-FDA-1088.

Learn more about Tamiflu Visit www.Tamiflu.com.

TAM/090215/0063

food. There is less chance of stomach upset if you take it with food

- If you miss a dose of Tamiflu, take it as soon as you remember. If it is 2 hours or less before your next dose, do not take the missed dose. Take your next dose of Tamiflu at your scheduled time. Do not take 2 doses at the same time

- If Tamiflu for oral suspension is not available or you cannot swallow Tamiflu capsules, your healthcare provider may instruct you to open Tamiflu capsules and mix the capsules' contents with sweetened liquids such as chocolate syrup (regular or sugar-free), corn syrup, caramel topping, or light brown sugar (dissolved in water)

- **If your healthcare provider has instructed you to take Tamiflu oral suspension or open your Tamiflu capsules, read the detailed Instructions for Use in the full prescribing information.**

Ask your pharmacist if you have any questions.

What are the possible side effects of Tamiflu?

Tamiflu may cause serious side effects, including **serious skin and allergic reactions**.

Stop taking Tamiflu and get medical help right away if you get any of the following symptoms:

- skin rash or hives
- blistering or peeling skin
- blisters or sores in your mouth
- itching
- swelling of your face, eyes, lips, tongue, or throat
- trouble breathing
- chest pain or tightness

- **Change in behavior.** People, especially children, who have the flu can develop nervous system problems and abnormal behavior that can lead to death. While taking Tamiflu, tell your healthcare provider right away if you or your child have confusion, speech problems, shaky movements, seizures, or start hearing voices or seeing things that are not really there (hallucinations).

The most common side effects of Tamiflu when treating the flu include nausea and vomiting. When preventing the flu they include nausea, vomiting, diarrhea, and stomach (abdomen) pain.

Tell your healthcare provider if you have any side effect that bothers you or does not go away. These are not all of the possible side effects of Tamiflu.

Keep Tamiflu and all medicines out of the reach of children.

General information about the safe and effective use of Tamiflu.

Medicines are sometimes prescribed for purposes other than those listed in the patient information leaflet. Do not use Tamiflu for a condition for which it was not prescribed. Do not give Tamiflu to other people, even if they have the same symptoms you have. It may harm them. If you want more information, talk with your healthcare provider.

You are encouraged to report side effects to Genentech by calling 1-888-835-2555 or to the FDA by visiting www.fda.gov/medwatch or calling 1-800-FDA-1088.

For more information, go to www.tamiflu.com.

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passages



Dwayne Johnson and Lauren Hashian

BABY NEWS

San Andreas star **Dwayne “the Rock” Johnson**, 43, and girlfriend **Lauren Hashian**, 31, welcomed a daughter on Dec. 16. Johnson is also father to **Simone Alexandra**, 14, a daughter with his ex-wife. ● NBA star **Iman Shumpert**, 25, helped deliver his first child—daughter **Iman Tayla Shumpert Jr.**—at home with fiancée **Teyana Taylor**,

whose labor progressed unexpectedly fast on Dec. 16. ● *Sin City Saints* actor **Tom Arnold**, 56, and wife **Ashley Groussman**, 40, had their second child, a girl named **Quinn Sophie**, on Dec. 18. She joins big brother **Jax Copeland**, 2½.

● *1st Look* host **Audrina Patridge**, 30, and fiancé **Corey Bohan**, 33, are expecting their first child.

ENGAGEMENT

The Amazing Race’s most recent winners, **Kelsey Gerckens**, 26, and **Joey Buttitta**, 26, got engaged Dec. 15 while filming a segment for Hallmark Channel’s *Home & Family*.

SPLIT

Orange Is the New Black actress **Ruby Rose**, 29, and designer **Phoebe Dahl**

announced on Dec. 14 that they have ended their engagement.

UPDATE

Bei Bei, the Smithsonian National Zoo’s 4-month-old giant panda cub, made his media debut on Dec. 16.

COURTS

A Monaco judge has stripped **Kelly Rutherford**, 47, of custody of her two children, **Hermes**, 9, and **Helena**, 6, who have lived with her ex-husband **Daniel Giersch**, 41, in



HAPPY BIRTHDAY!

LeBron James, 31
Dec. 30, 1984

Ellie Goulding, 29
Dec. 30, 1986

Jude Law, 43
Dec. 29, 1972

Monaco since 2012. According to leaked documents, she can visit the kids in France and Monaco but can no longer bring them to the U.S.

DEATH

Kevin White, a survivor of the 2013 Boston Marathon bombing, died at home in Bolton, Mass., of a sudden illness on Dec. 14. He was 37.

By Ana Calderone



Bei Bei



LaBelle wears turquoise in support of the LUNG FORCE campaign.

Patti LaBelle

The singer, 71, uses her voice to raise awareness about lung cancer

I lost two sisters, Vivian and Jackie, to lung cancer within two years of each other. They were both in their early 40s, and after being diagnosed, they left this planet within a year. And I’ve also lost friends to the disease. So this is personal for me. The American Lung Association’s LUNG FORCE initiative is doing as much as it can to raise critical funds for research. I don’t think people know that it’s the No. 1 cancer killer of women, more so than breast cancer, colon cancer and pancreatic cancer combined. One woman dies every eight minutes in the United States of lung cancer. Bottom line: We all can do more to learn about lung cancer and contribute something to the initiative. I’m here to lend my voice and my name—I have the microphone, I can put the message out. This is going to be a lifelong journey for me. If you have lung cancer, there’s hope. There’s hope and there’s time.

—REPORTED BY CHRISTINA DUGAN

Why
I Care

PERSONAL STORIES
ABOUT GIVING
BACK

For more information,
go to
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the diets face off.

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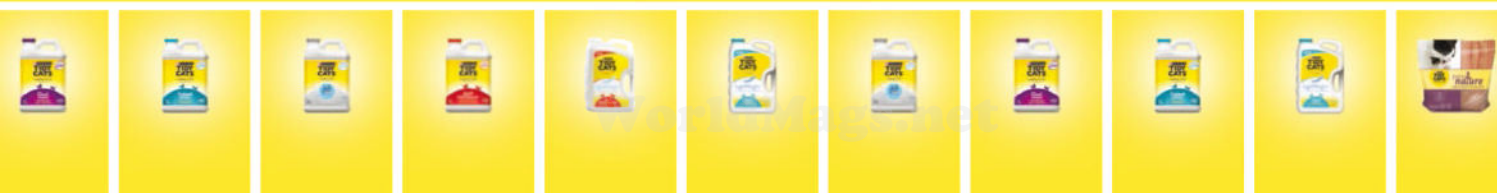
Every Home. Every Cat. There's a Tidy Cats For That.™

Find your litter match at tidycats.com/litterselector

*Compared to leading clumping litter.



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People

picks

EDITED BY TOM GLIATTO

FOR
ADDITIONAL
REVIEWS OF
MOVIES, TV SHOWS,
MUSIC AND
BOOKS, GO TO
**PEOPLE.COM/
PICKS**

A DOZEN COOL THINGS TO SEE, HEAR, READ AND DOWNLOAD THIS WEEK

No. 1 The Revenant

This gnarly western is
Leo's best Oscar shot yet

MOVIE ADVENTURE

The ugly

truth is that getting mauled by a bear won't be the worst thing to happen to 1800s frontiersman Hugh Glass (Leonardo DiCaprio). He'll also be left for dead by the fur trappers he's led into the wilderness, although that may be just as well: One of them (Tom Hardy) seems all too happy to nudge him into the grave. *The Revenant* is not for those who get queasy easily, but it's as beautiful as it is bracing. Oscar-winning director Alejandro González Iñárritu delivers scenes of brute violence buttressed by stunning cinematography in this Old West thriller. The performances are equally sublime. DiCaprio uses sheer will to keep Glass's battered bones together on a quest for vengeance. Hardy plays what's left of a man after honor and decency wear away. They deliver an experience that isn't watched but survived. (Dec. 25, R)

DiCaprio suffers
for his art in a film
that took nine
months to shoot in
frigid conditions.

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Life's rich pageant:
James Earl (left),
Justin Bartha,
Charlie Saxton and
Jack Cutmore-Scott.

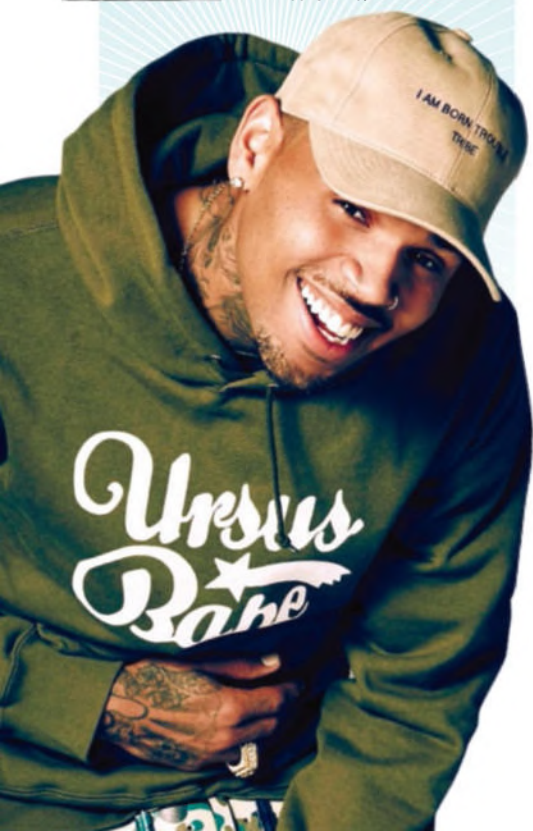
No. 2 Cooper Barrett's Guide to Surviving Life

COMEDY Even the best-laid plans often go astray. So you can imagine how loused-up life gets for Cooper Barrett (Jack Cutmore-Scott), a pleasant dope lurching through his 20s with no inner GPS. *Guide*, borrowing from *Hangover*, surrounds him with raucous, well-meaning buddies. The premiere, which is much better-written than you'd expect, involves stolen flat-screen TVs and a botched kiss-cam moment. (FOX, Jan. 3, 8:30 p.m.)

No. 3 Chris Brown, *Royalty*

MUSIC R&B It's only fitting that Chris Brown's 19-month-old daughter inspired his seventh solo album's title and appears on the cover art—because this latest set is music to make babies to. Mixing synthy beats with signature NSFW stanzas, Brown

delivers some of his most chilled-out bedroom-beckoners, including highlights “Back to Sleep” and “Little Bit.”



Lawrence stars in a story partly inspired by the life of Joy Mangano, inventor of the Miracle Mop.

No. 4 Joy
COMEDY/DRAMA Jennifer Lawrence as the maven of mopping **MOVIE** Lawrence, whose casual, clear-eyed command of so many roles must make her the envy and terror of young actresses everywhere, plays a struggling single mother blessed with a Ben Franklin knack for practical ingenuity. She invents a self-wringing mop and becomes as rich as Midas. But she has to fight all the way, against not only big business but her family, an entertainingly Dickensian bunch of money-grubbers. *Joy* is peculiar—at the end, our heroine is so glazedly serene she could be smiling up from her casket—but it has snap, humor and wise observations about Americans and moola. (Dec. 25, PG-13) Read about costar Robert De Niro on page 92.

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Dirty rotten scoundrels: Tim Roth, Kurt Russell and Jennifer Jason Leigh.

No. 5 **The Hateful Eight**

MOVIE

DRAMA Quentin Tarantino's latest is a spaghetti western heaped with more red meat sauce than seems humanly possible. But that's Tarantino—he never underwhelms, and never bores. This three-hour epic starts with a long, suspenseful stagecoach ride through snowy, bitter cold, then deposits its passengers (including bounty hunter Kurt Russell and prisoner Jennifer Jason Leigh, magnificently feral) at a remote cabin. At that point *Eight* becomes an explosively bloody indoor mystery. The ensemble cast performs with the funny, demented zest of true Tarantilians. *(In limited release Dec. 25, R)*



No. 6 **Making a Murderer**

NETFLIX

DOCUMENTARY After you watch this fascinating account of a legal nightmare, the only fact you'll be sure of is that Steve Avery is in prison for life. He arrived there, his defense team argues, by a twisted route booby-trapped by dubious police tactics. "To be accused," says one lawyer, "is to lose." *(Now streaming)*



The actor picked up a Golden Globe nod for his performance.

No. 7 **Concussion**

Will Smith scores in a timely film biography

MOVIE

DRAMA Smith effortlessly carries this uneven but revealing drama about Dr. Bennet Omalu (see page 56), the man who uncovered brain injuries in pro-football players. Smith's Omalu is calm, relentless and smart—all traits necessary for battling enemies in the Pittsburgh pathology lab and, soon, the NFL. Gugu Mbatha-Raw and Alec Baldwin costar, but this is Smith's winning play. *(Dec. 25, PG-13)*

MAKE A TREAT



SHARE A PIC



GIVE A TOY



For every photo of a treat you post with #Treats4Toys, Kellogg's will donate a gift to Toys for TotsSM.

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Limit one (1) photo per person per social media channel. Kellogg's will donate up to \$50,000 total. Visit ricekrispies.com/treats4toys for full details.

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Make room
for daddies:
Ferrell (left) and
Wahlberg.

No. 9 **Serial PODCAST** The new object of inquiry for the acclaimed podcast is Sgt. Bowe Bergdahl: A former prisoner of the Haqqanis, a group allied with the Taliban, he was welcomed back by the President. Now he's being court-martialed for having abandoned his post. Is he a deserter, a man without a country or something else? (*serialpodcast.org*)



Bergdahl was brought home in 2014, exchanged for five captured Taliban leaders.

No. 8 **Daddy's Home** Will Ferrell and Mark Wahlberg duke it out **MOVIE COMEDY** Year-end brings us films of exquisite, award-scented pedigree like *Carol*, and the new *Star Wars*, so massive it should be recognized as its own nation-state. And then there's this Ferrell-Wahlberg comedy, inconsequential but good-natured, sprinkled with slapstick. Ferrell is Brad, yearning for the acceptance of his stepkids. Wahlberg is their rogue, long-absent father, a figure of such masculine force he could lead a gang, an NFL team or a pride of lions. It's a fun matchup as they battle to see who's alpha and who's beta. (Dec. 25, PG) Interview with the costars on page 70.

FROM LEFT: PATTI PERET/WARNER BROS.; U.S. ARMY/REUTERS

GLAD

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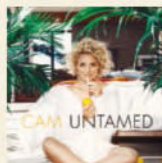


Bernal (with Lola Kirke) conducts himself beautifully.

No. 10 **Mozart in the Jungle**
AMAZON COMEDY Season 2 of this series about a classical conductor (Gael García Bernal) hasn't lost its gentle, genial pluck—its pizzicato. The show has a wonderfully oddball cast (Bernadette Peters, Malcolm McDowell, Jason Schwartzman), but it's all driven by the charming, softly magnetic Bernal, a Golden Globe nominee. The financial crises of our orchestras and opera houses would end if he were their poster boy. *(Launches Dec. 30)*

No. 11 **Cam, Untamed**
COUNTRY The newcomer channels

MUSIC the Dixie Chicks—twangy vibe, witty lyrics and heartache-fueled temper—on standouts like “Runaway Train” and “Half Broke Heart,” while “Burning House” is a beautifully dark, rueful ballad. This excellent set is ideal for lovers trying to tame their emotions post-breakup.



The breakout Nashville star is up for a Grammy.

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No. 12 The Best New Books

A mind-body confidence builder, a dizzying debut thriller and a crime novel centered on cyberbullying

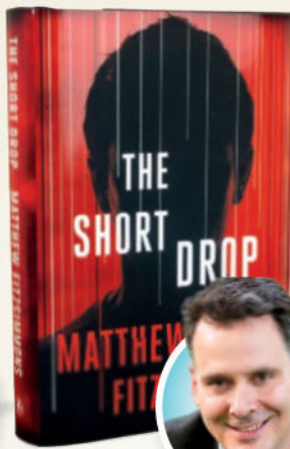
EDITED BY KIM HUBBARD

BOOK
OF THE
WEEK



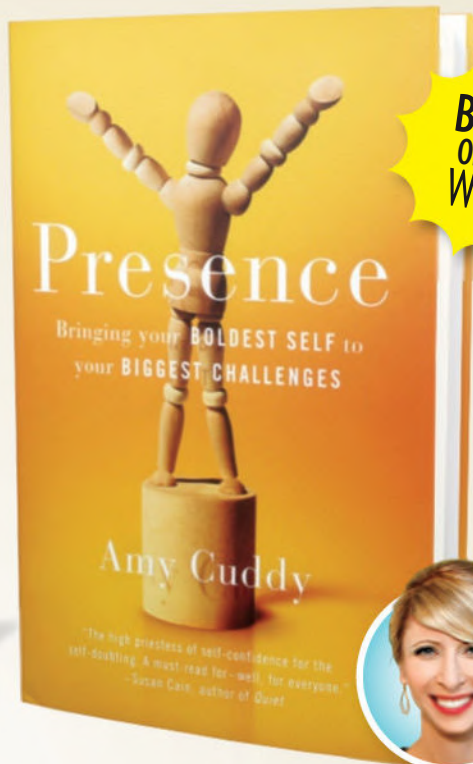
Val McDermid *Splinter the Silence*

NOVEL After being trolled online, three British feminists have committed suicide. Or have they? Psychologist Tony Hill and ex-police detective Carol Jordan suspect a serial killer is at work. But the real question in McDermid's dynamic thriller—her ninth featuring this duo—is whether Jordan's demons will prevent her from cracking the case. Check out this tartan noir treat.



Matthew Fitzsimmons *The Short Drop*

THRILLER This live-wire debut begins with a promising lead in the long-ago disappearance of the Vice President's daughter, then doubles down with tangled conspiracies, duplicitous politicians and a disgraced hacker hankering for redemption. The plot is convoluted but not at the expense of its sympathetic, entertaining hero. Hang on and enjoy the ride.



Amy Cuddy *Presence*

NONFICTION Dread that job interview? Social psychologist Amy Cuddy (famed for her TED talk about how powerful body poses can ramp up confidence) draws on scientific research to discuss the myriad ways our bodies can influence our minds and shape more positive behaviors. Her "Fake it until you become it" philosophy includes practical tips: Try thinking of anxiety as excitement, sing to soothe trauma and don't forget those power poses. A must-read for anyone looking to achieve their personal best.

NEW IN PAPERBACK

Andie Mitchell *Me All Along*

A food blogger and onetime 268-lb. comfort eater, Mitchell lost half her size and found herself—without abandoning her passion for chocolate cake. Her memoir inspires.

Sandra Newman *The Country of Ice Cream Star*

In this haunting novel's postapocalyptic world, a plague kills everyone before they reach age 20. Fifteen-year-old Ice Cream Star sets out to change that.

Tim Johnston *Descent*

On vacation with her family in the Rocky Mountains, Caitlin Courtland goes for a run and doesn't come back. A beautifully written thriller that's guaranteed to keep you up nights.



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WHO **KILLED** JESSICA?

IT'S BEEN MORE THAN A YEAR SINCE 19-YEAR-OLD JESSICA CHAMBERS WAS **BURNED ALIVE**—
AND FAMILY AND FRIENDS STILL DON'T
KNOW WHO MURDERED HER



Willie Beardain likes to remember her granddaughter Jessica Chambers as the beaming pixie atop her high school cheerleading squad's pyramid at football games. "When she was cheering, she knew she looked good," Beardain tells *People*. "And when they threw her up, she was so light you just about had enough time to go get you a hot dog before she'd come back down." It's an image Beardain clings to, in part, because the alternative is too unthink-

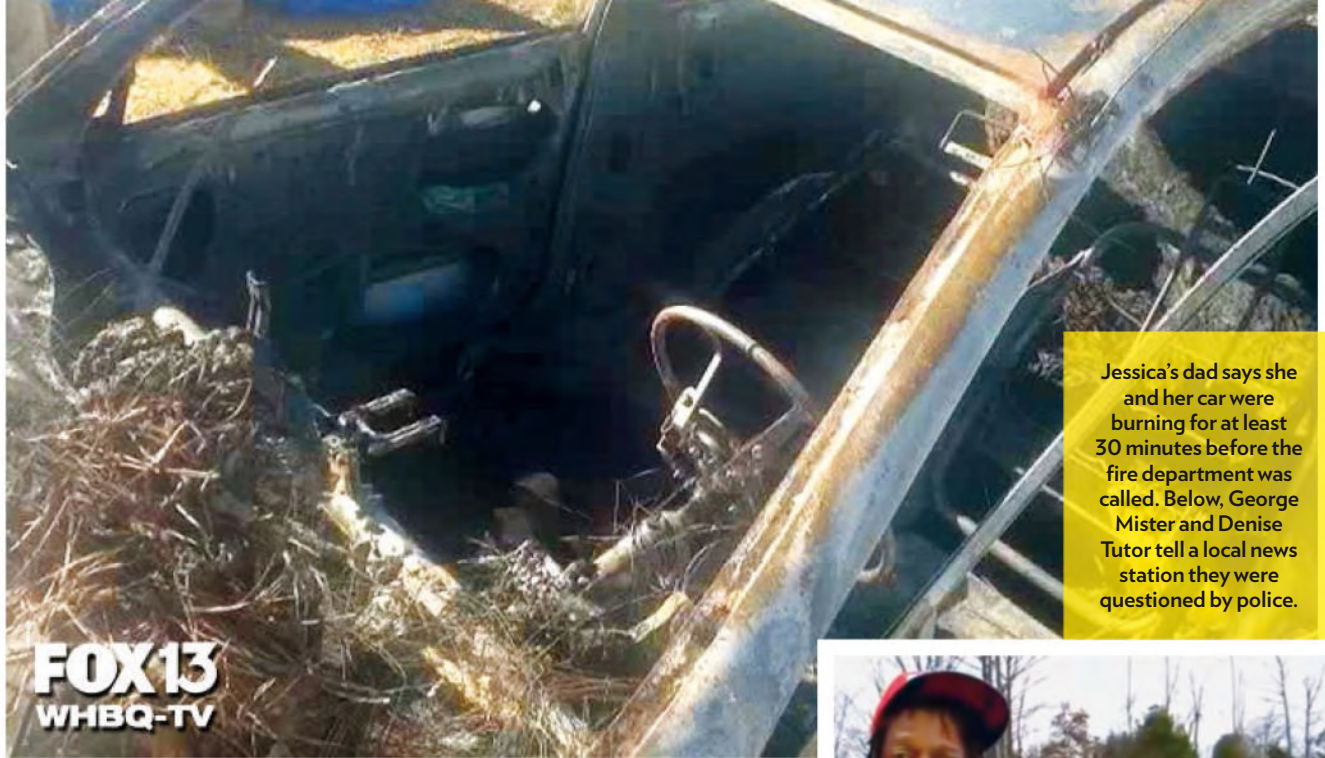
able: Jessica, just 19, ambushed on a rural Courtland, Miss., road, soaked in fuel, set on fire and left to stumble blindly through a roadside ditch on the night of Dec. 6, 2014. Jessica's mother, Lisa, shudders at what firefighters found on Herron Road after a passing motorist's 911 call: "They told us she was like the walking dead." All these months later, her father Ben Chambers's broken heart rages. "What could a [small] 19-year-old girl do to make you burn somebody alive? This is beyond murder," he says. "This is a revengeful, hateful killing."

And, maddeningly, in this tiny town of just 500 people, a still-unsolved one



'A TRUSTING SOUL'
Jessica (in June 2012) "trusted
everybody," says her grandmother.
"All in all, she was a sweet girl."

www.fox.com



Jessica's dad says she and her car were burning for at least 30 minutes before the fire department was called. Below, George Mister and Denise Tutor tell a local news station they were questioned by police.

FOX 13
WHBQ-TV



more than 12 months later. This despite a source at the scene reporting that Jessica whispered the name Eric or Derrick—a claim District Attorney John Champion says he has heard but can't confirm. She took her last breath in a Memphis hospital in the early morning of Dec. 7. More than a dozen investigators—including federal agents from the FBI, U.S. Marshals Service and Bureau of Alcohol, Tobacco, Firearms and Explosives—have worked the case alongside the local sheriff, and a \$54,000 reward is being offered for information that cracks the case. More than 155,000 Facebook users have “liked” the Justice for Jessica page, launched by Jessica's older half sister, and questions and tips about her case hit Twitter with the hashtag #justiceforjessica. Champion says they have questioned dozens of people and on Dec. 15, 2015, arrested 17 suspected area gang members on gun and drug charges. Champion calls the arrests “derivatives” of the Chambers investigation but says, “I don't antici-

pate any of these [arrests] being directly tied to the Chambers case. But in their plea negotiations, all will be given the opportunity to help themselves—and maybe that will bring us closer to the truth.”



The grisly murder has left residents in the working-class town fearful—and suspicious of the neighbors they thought they knew. Says Rupert Howell, managing editor of the county's family-owned newspaper *The Panolian*: “We don't have a lot of haves and have-nots here. Everyone's in the same boat. The whole community is appalled.” Jessica's mom says she's angry that the police have yet to arrest the killer—or killers. “I walk around looking,” she says, “and asking, ‘Who could've done it?’”

Police reconstructed a timeline (below) of Jessica's whereabouts after she left home last Dec. 6, before she arrived at the roadside spot of her attack

at 7:32 p.m. Early attention focused on Ali Alsanai, an attendant at the gas station where Jessica had last been seen alive that evening, and he left town because he started getting death threats. Security-camera footage gave him an alibi, and he's been cleared as a suspect, Champion says. A local woman at the gas station who says she is afraid to share her name tells *People* she suspects fear has silenced anyone with information. “If you know something and you want to tell it,” she says, “how do you know you're not going to end up just like her?”



Jessica's death was gruesome: The blaze that engulfed her was so fierce it turned

HOW SHE SPENT HER LAST DAY



**4:59 P.M.
AT HOME**

Jessica is napping in a chair in her living room after watching *CSI* with her mother.

**5:00 P.M.
FATEFUL CALL**

Jessica talks on her cell phone (to someone at a number police won't disclose), then leaves in her car.

**5:15 P.M.
FIRST STOP**

At M&M mini-mart Jessica buys \$14 in gas and gets a call, then she heads south on Highway 51.



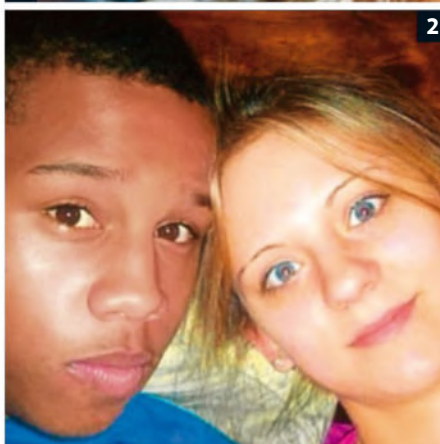
her black Kia Rio white, incinerated her clothes and blinded her. “I imagine her contact lenses melted to her eyeballs,” says Lisa. After Jessica was airlifted to the Regional Medical Center in Memphis, there was little doctors could do but swathe her in gauze. “The doctor told us they couldn’t even put a [breathing tube] in because all this was gone,” says Debbie, putting her hand to her own throat. “He said she breathed fire.” (Jessica’s cause of death is officially listed as “thermal injury.”) Prosecutor Champion calls the attack “very, very personal. Someone meant to cause her great pain.”

Jessica’s too-short life was not always a pretty picture, either, her parents admit. Though the petite blonde who called her friends “Boo” graduated from high school with A’s and B’s, according to her friend Leslie Hall, and held down a job—Jessica had just started selling clothes at Goody’s department store in nearby Batesville—she ran with a rough crowd and had a boyfriend, Travis Sanford, who was in prison on a burglary charge at the time of her murder. “Jessica wasn’t a one-guy type of female, and I think she was making friends with the wrong people, with drug dealers,” says ex-boyfriend Bryan Rudd. “But she did nothing that bad to get herself burnt alive.” Says her father: “I begged her and begged her, ‘Jessica, nothing good is gonna come out of this kind of lifestyle.’”

Authorities have questioned convicted drug dealers in the area who may have been connected to Jessica as well as former boyfriends. “She hung out

‘I think she did something wrong to the wrong crowd’

—CHAMBERS
FAMILY FRIEND
JORDAN BRYANT



1. Jessica was “funny and smart,” says friend Leslie Hall. **2.** “I was in love with her,” says Jessica’s ex-boyfriend Bryan Rudd. “She was the most harmless person in the world.” **3.** South Panola High School Class of 2013.



**5:45 P.M.
LAST STOP?**

After calling her mom to say she’ll be home “in a little bit,” Jessica goes to an undisclosed Courtland home.

**6:00 P.M.
LEAVES CITY**

Jessica spends 10 to 15 minutes in the area of Highway 6’s first stoplight, headed into Batesville.

**6:30 P.M.
MYSTERY HOUR**

Police say they now know who Jessica was with from 6:30 to 7:32 p.m., when she arrived on Herron Road. Says Champion: “That hour holds the key to solving our case. I’m cautiously optimistic.”



**8:09 P.M.
911 CALL**

A motorist calls to report a burning car a mile away from the M&M mini-mart. Jessica dies at 2:37 a.m.



with the wrong dogs,” says Chambers family friend Jordan Bryant. Jessica herself worried aloud to her father, Ben, about his work as a mechanic for the sheriff’s office. Says Ben: “The last six weeks before she died, she told me 10 or 15 times, ‘Everybody thinks I’m snitching because you work for the police.’”

Two peers who admitted to being questioned by police in Jessica’s murder case—Denise Tutor and George Mister (a.k.a. Boone Mista)—darkly hinted at trouble with Jessica when they spoke to WMC Action News 5 in Memphis shortly after the crime. Tutor said police questioned her about a text she sent Jessica two days before the murder. “We had our differences, ups and downs,” Tutor said. As for Mister, he said, “A lover’s

quarrel. That’s what they questioned about.” Asked about the duo, Champion says that aside from Alsanai, Rudd and Sanford, “no one’s been eliminated” as a suspect.

‘She was working. She was doing good. She was loved. It breaks my heart’
—BEN CHAMBERS

still text her phone,” says Lisa. “I write her, ‘I love you to the moon and back, my sweet, precious angel. I miss you.’”

By Sandra Sobieraj Westfall. Reporting by **Alexandra Rockey Fleming** in Courtland and **Christine Pelisek**

Jessica’s dad, Ben (with Lisa), keeps her old room as it was and tells her half sister Anabelle (not pictured), 4, “Jessica went to live with Jesus.” A friend stitched the Chambers family a memory quilt (below).



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[†]Data on File

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SHE'S ENGAGED!
“He’s completely swept her off her feet,” a Longoria source says of José “Pepe” Bastón, who proposed to Longoria in Dubai on Dec. 13 with a ruby engagement ring.

My EVA LONGORIA Life is Finally ‘Full’



AFTER A HIGH-PROFILE SPLIT, THE FORMER *DESPERATE HOUSEWIVES* STAR HAS REBOUNDED WITH A NEW FIANCE AND A NEW SHOW. 'I'M IN SUCH A RELAXED PLACE'

By **PATRICK GOMEZ**

Photographs by **CLIFF WATTS**

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FINDING LOVE
 "It's so nice to be arm in arm with someone who is your equal," says Longoria (left, with Bastón, re-creating their proposal in front of the Taj Mahal on Dec. 16, and above, in France in May) of her fiancé.

What began as a work trip to Dubai turned into a vacation Eva Longoria will never forget. "Ummmm so this happened," the former *Desperate Housewives* star posted on Instagram Dec. 13, announcing her engagement to José "Pepe" Bastón, her boyfriend of almost three years. "Eva's over the moon," a Longoria source says of the engagement. "She's finally found her Prince Charming."



Halfway across the globe, Longoria is settling onto her couch in Los Angeles with a glass of white wine. It's just days before Bastón will get down on one knee, but Longoria already can't help but gush about the love of her life. "I'm so excited to be with someone as kind as Pepe is," Longoria, 40, says of Bastón, 47. "We tell each other constantly how grateful we are for each other. We are so happy. Whatever the future holds, I am going to open my arms and embrace it because I know it is exactly where I need to be."

And now the future holds a trio of new adventures for Longoria. In addition to planning a wedding and launching her new NBC comedy *Telenovela* (premiering Jan. 4), the actress recently purchased a home that spans three acres off iconic Mulholland Drive. "We compromised," Longoria says of choosing a location between Beverly Hills, where Bastón works as president of the Latin media brand Televisa, and Hollywood, where Longoria has lived since she moved to L.A. almost 20 years ago.

"I arrived with \$2 in my wallet," recalls the Texas native and former Miss Corpus Christi. "I wanted the letters I sent home to come from an address in Hollywood, so I shared a tiny apartment with six people. The rent was only \$150 total, but we could barely even afford that." Initially Longoria worked as a headhunter,

HAIR: FRANKIE PAYNE/NUMBER 4; HAIR CARE: OPUS BEAUTY; MAKEUP: ELIAN BONGIORNO/EXCLUSIVE ARTISTS; MANAGEMENT: STYLIST: CHANTLER E. ROXBOROUGH; PREVIOUS SPREAD: BODY SUIT: VOL FORD; PANTS: GIVENCHY; BELT: HOT MIAMI STYLES; OPPOSITE PAGE: DRESS: VOL FORD; MANICURE: KIMIE KYE/SO RY IN IT/CELESTINE; PRODUCER: MICHELLE HINE/FRIST SHOT PRODUCTIONS; THIS PAGE, FROM LEFT: AP/GETTY IMAGES; PASCAL LE SEIGNE/ANW/REX IMAGE

but she had dreams of producing and directing; a talent agent eventually discovered her, and she began auditioning for acting roles. During a short stint on *General Hospital* in 1999, she costarred with her future first husband, Tyler Christopher. Her big break came in 2001 when she was cast as Isabella Braña on *The Young and the Restless*. “I had so much fun in that world,” she says of her three-year gig on the CBS daytime soap, which she left to join the ABC revival

‘Mistakes are what build your character. I live with no regrets about the things I’ve gone through’
—EVA LONGORIA

of *Dragnet* in 2003. By the next year *Dragnet* and her marriage had both come to an end, but Longoria soon found herself back on-camera filming a pilot that would prove life-changing. “I hit the lottery with *Desperate Housewives*,” she says of her eight seasons on the ABC mega-hit. For her portrayal of spoiled former model Gabrielle Solis, Longoria won two Screen Actors Guild awards and was nominated for a Golden Globe. “It really surprised me what a behemoth it became,” she says. But with the acclaim came a life in the spotlight that was hard to get used to. “Photographers would stand outside my house and follow me around,” she says. “I was always being linked to someone new, whether I was dating them or

Before Bastón.
“I was single for a minute, which was nice,” says Longoria (at home with her Maltese Jinxy and French bulldog Popeye on Dec. 6).





WORKING GIRL
 “This is my love letter to the heightened drama of Spanish soap operas,” Longoria (left, on *Desperate Housewives*, and below right, with her *Devious Maids* cast) says of starring on *Telenovela* (right).



TYLER CHRISTOPHER
 Married 2002–2004



TONY PARKER
 Married 2007–2011

Finding Her Dream Guy

“Pepe is probably the first man I’ve been with that has been older and established and, basically, a grown-up,” says Longoria, who has been married twice before and dated Penélope Cruz’s brother Eduardo.



EDUARDO CRUZ
 Dated off and on 2011–2012

not. I couldn't go to the dentist without people thinking I was pregnant."

Adding to the media frenzy was her high-profile marriage and split from NBA star Tony Parker. The two wed in 2007 but divorced in 2011, after she found text messages from another woman on Parker's phone, according to Longoria's pal Mario Lopez. "I live with no regret about the things I've gone through," the actress says now.

Longoria reflects on her *Housewives* tenure with a smile (a picture of her with costars Felicity Huffman, Marcia Cross and Nicollette Sheridan still sits in her living room). But when the series came to an end in 2012, she says she made a "conscious decision" to take a break from acting and focus on producing and directing projects like Lifetime's *Devious Maids*. She also made a conscious decision to be single. "Some people said, 'Oh. You don't want to be alone.' And I said, 'I'm not alone! I'm with myself. And myself is fabulous,'" she says. "I learned to be content on my own. I think I needed that to be ready for what I have with Pepe." Though admittedly she wasn't ready when they first met. A mutual friend introduced the pair in 2013, but "I was getting out of a bad relationship, and he was getting out of a relationship, so there wasn't a connection," says Longoria, who had dated Penélope Cruz's brother Eduardo and entrepreneur Ernesto Arguello. But six months later the same friend reintroduced them, and "we had immediate sparks," says Longoria. The pair went on a four-hour lunch date the very next day. "He was the most handsome man I'd ever seen. He was so charismatic, charming, sweet and funny. I thought, 'Who is this guy?!'"

Longoria spent the next two and a half years falling in love. "We understand each other's demanding schedules," she says. "We have such big lives and enjoy sharing them with each other."

Bastón has helped her start living "moment to moment"—a new frame of mind that led back to acting. "I had originally developed *Telenovela* just



STAR FOR A CAUSE

"I've dedicated myself to activism," the actress says of her work with the Democratic Party and the Eva Longoria Foundation, which helps Latinas build better futures for themselves and their families.

as a producer, but when I read the script, I knew I had to do it," she says of playing over-the-top Spanish soap star Ana Sofia Calderon, a performance that is drawing comparisons to the likes of Lucille Ball. And she's employing the same mantra in her personal life as well. When it comes to starting a family, "I just turned 40, so I have thought, 'Is time running out?'" she says of having children with Bastón, who has three kids from a previous marriage. "They've been such a gift in my life. I should be thinking about [children], but I feel like my life is full. I don't feel like we are lacking because we don't have a baby," she says. "We are fulfilled. If there is anything else to come, it would be icing on the cake." ●

'Pepe has three beautiful children. They have been such a gift to me'

—EVA LONGORIA





THE CRUSADER

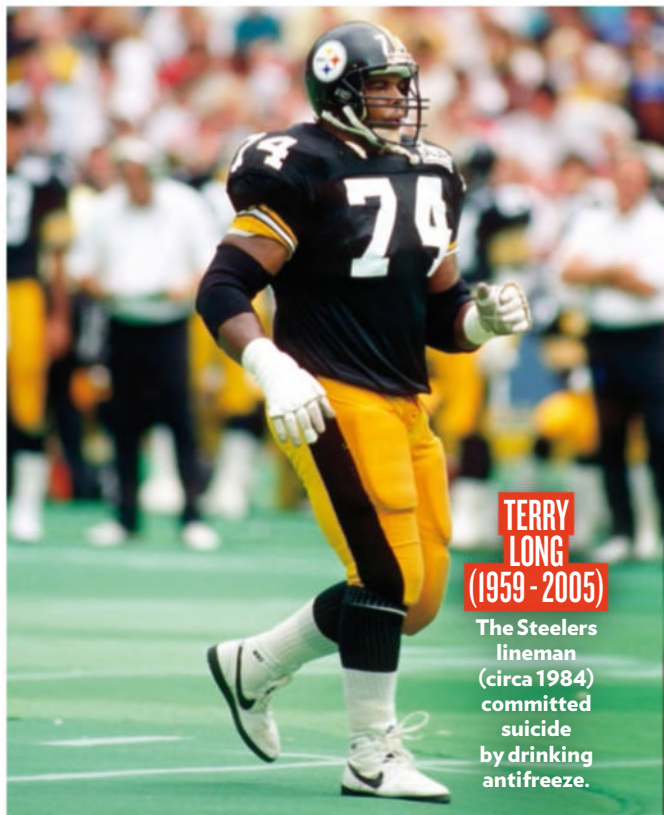
Dr. Bennet Omalu's research could change football forever.

TAKING
ON THE
NFL

HIS FIGHT TO MAKE FOOTBALL SAFER

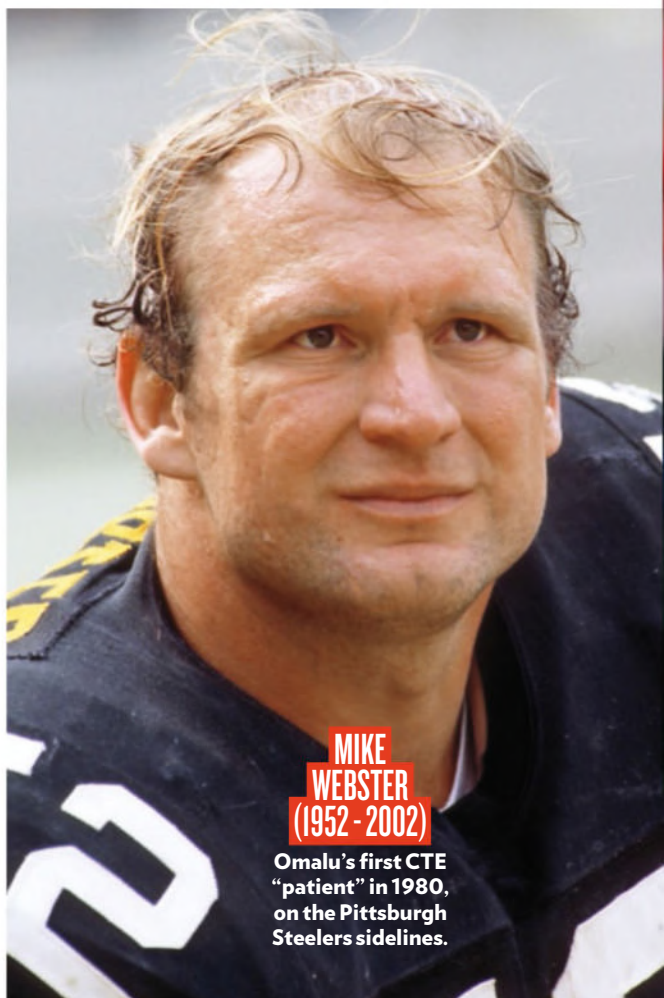
The subject of a new film starring Will Smith, **DR. BENNET OMALU'S** findings on player concussions are stirring up controversy *By* **JOHNNY DODD**

It was early on a Saturday morning in September 2002 when forensic pathologist Dr. Bennet Omalu arrived at work to find legendary Pittsburgh Steelers lineman Mike Webster's corpse laying atop his cold, metal autopsy table. Since retiring from the NFL, the Hall of Famer's life had descended into a dark, hopeless spiral of physical and psychological turmoil. Omalu, who knew "practically nothing" about football but plenty about the brain, wanted to understand why. "I talk to my 'patients,'" explains Omalu, recalling how he stood above the lifeless body of Webster, 50, who had lived in his truck and suffered from dementia before dying of a heart attack. "So I



TERRY LONG
(1959 - 2005)

The Steelers lineman (circa 1984) committed suicide by drinking antifreeze.



MIKE WEBSTER
(1952 - 2002)

Omalu's first CTE "patient" in 1980, on the Pittsburgh Steelers sidelines.

DAVE DUERSON
(1960 - 2011)

Before he shot himself, the Chicago Bears safety (in 1991) asked that his brain be donated to CTE research.

ANDRE WATERS
(1962 - 2006)

A player for the Philadelphia Eagles, Waters (in 1989) tragically shot himself.

JUSTIN STRZELCZYK
(1968 - 2004)

The Pittsburgh Steeler (in 1991) died in a car crash, driving against traffic as he tried to elude police.

CHRIS HENRY
(1983 - 2009)

The Cincinnati Bengals player (in 2009) died after he fell out of a moving truck during a dispute with his fiancée.

JUNIOR SEAU
(1969 - 2012)

Last with the New England Patriots, Seau (in 2008) shot himself in the chest. He played 20 seasons in the NFL.

TOM McHALE
(1963 - 2008)

The offensive guard (circa 1995) died of an accidental drug overdose. His widow, Lisa, works at the Boston University CTE Center.

**TEAM
'CONCUSSION'**
From left:
Will Smith,
Omalu and
director Peter
Landesman
on-set in
Pittsburgh.



said, 'Mike, I'm Dr. Bennet. I think you suffered from brain damage. I think you are sick. But you need to help me because I don't know what I'm looking for. You need to guide me.'"

The odyssey that Webster took him on—a story now being told in the feature film *Concussion*, starring Will Smith as Omalu—ultimately led the Nigerian-born neuropathologist to become the first person to connect football head injuries to the degenerative brain disease now known as chronic traumatic encephalopathy (CTE). Naturally, he assumed the NFL would have a vested interest in how "repeated sub-concussive blows to the head can cause microscopic injuries to the brain." Those injuries can, in turn, lead to a range of nightmarish symptoms, including depression, drug abuse, suicidal behavior and mood changes.

But Omalu could not have been more wrong. Not only was the NFL *not* interested in what he'd discovered, but they spent nearly a decade attacking his reputation, discrediting his research efforts and demanding a retraction when his findings finally became public. "They went after me, the messenger," says Omalu, the San Joaquin, Calif., chief medical examiner and a professor at the University of California, Davis. "But I fought back."

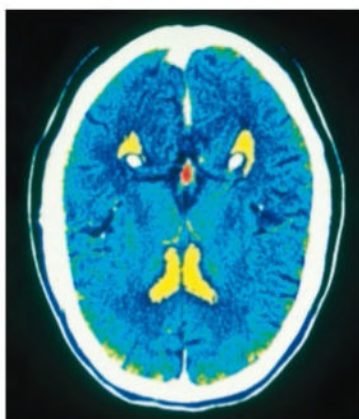
Omalu grew up in civil war-torn Nigeria, one of seven siblings in a family that "believed so much in education." His mother was a seamstress; his father, who studied mining engineering in England, was one of the first people in his village to attend college. "My last name simply means 'Let he who knows come forward and speak,'" says Omalu,

who started medical school when he was 15.

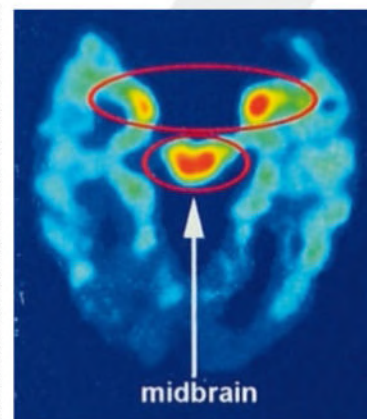
Omalu arrived in America in 1994 ("I was convinced it was the only place where I could be myself") to complete an epidemiology fellowship at the University of Washington. Later, he went to work for the coroner's office in Pittsburgh, where he also studied neuropathology, earning eight advanced degrees along the way.

Three years after he had initially examined Webster, Omalu published his first scientific paper citing the "deposits of abnormal proteins" he'd found deep inside the lineman's brain and proving that to be the cause of Webster's tragic decline. Omalu has since studied the brains of nearly 40

'I was blown away. I felt I had to be a part of this and Bennet's quest for the truth'
—WILL SMITH



A HEALTHY BRAIN
In this CT scan, there are no signs of the destructive protein associated with CTE, called tau.



BRAIN SHOWING CTE
A recent brain scan from NFL Hall of Famer Joe DeLamielleure, 64, among the first living players to undergo CTE testing.



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ACCIDENTAL BOWEL LEAKAGE (ABL) IS SURPRISINGLY COMMON

TENS OF MILLIONS OF PEOPLE IN THE U.S. EXPERIENCE ABL¹

ABL can be unexpected and happen suddenly at inconvenient times



ABL affects both men and women
and can vary widely person to person

90%

of people with ABL experience
light to moderate leakage²

ABL HAS MANY COMMON CAUSES



Although ABL is highly bothersome²,
less than 50% speak up³

THERE ARE
THINGS YOU
CAN DO

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CONVERSATION

Talk to your healthcare provider

Learn more about what you can do to improve symptoms at ABLinfo.org

ABLinfo.org is a non-profit website providing education and resources for ABL

1. Brown H. Accidental bowel leakage in the mature women's health study: prevalence and predictors, The International Journal of Clinical Practice. 2012 Nov; 66 (11): 1101-1108.,
2. Bharucha A. Prevalence and Burden of Fecal Incontinence: A Population Based Study in Women. Gastroenterology 2005; 129:42-49., 3. Bharucha A.



Omalu with wife Prema, son Mark, 6, and daughter Ashly, 8, at the AFI FEST 2015 in November.

NFL players. “All of them except one,” he says, have tested positive for CTE.

Not surprising, “football dad” Will Smith, whose son, Trey, 23, was a star player at Oaks Christian High School in Westlake Village, Calif., was initially reluctant to take a role in the controversial project. But after meeting Omalu, Smith says, “I was blown away. . . . I felt I had to be a part of this and Bennet’s quest for the truth.” Since then he and Omalu, a married father of two, have become “very good friends.” Adds Smith, who received a Golden Globe nomination for his role: “This is a man who struggled and suffered to tell the truth.”

Thirteen years after that Saturday morning in 2002, the NFL has finally endorsed that truth. Last April the league agreed to settle a class action lawsuit to provide up to \$5 million to any retired player with serious medical conditions linked to repeated head traumas. Still, their concession has come at a heavy price to Omalu, who says the personal and professional attacks by the NFL and their physicians left him “bruised and battered.”

“I’m not against football,” insists Omalu, who admittedly “recoils” whenever he watches the game. “I just think people need to know the risks involved. They need to know the truth.” ●

‘My last name simply means ‘Let he who knows come forward and speak’

—DR. BENNET OMALU

SHOULD YOUTH FOOTBALL BE ABOLISHED?

In recent weeks Dr. Omalu expanded his conversation about concussions in an Op-Ed piece for *The New York Times*—where he wrote that parents should not get to decide whether their kids play football. “Our children are minors who have not reached the age of consent,” he writes, adding that we should “wait for our children to grow up,” then provide them, as adults, with information on the risks involved and “let them make their own decisions.”

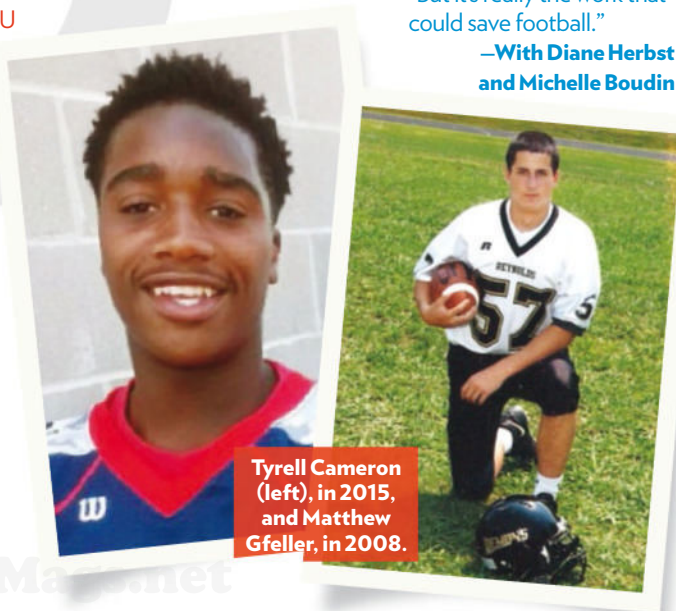
In light of the 13 high school football deaths this school year alone, Bennet may have a point—although it’s a bittersweet one for Bob and Lisa Gfeller and Shamikka Cameron, whose boys were high school football players who died playing the game they loved. “He didn’t suffer,” says Cameron of her 16-year-old son Tyrell, who collided with another player during his school’s season opener on Sept. 4 in Franklin Parish, La., and died of a broken neck and

internal bleeding.

Bob Gfeller is grappling with equally painful memories. “I have a slideshow in my mind of what happened,” he recalls of the horrible night in August 2008 when his son Matthew, 15, was knocked unconscious from a helmet-to-helmet hit in Winston-Salem, N.C., and died two days later. “I can see all the images from the minute I saw him on the ground to the minute we left the hospital. It’s terrible, and I don’t want people to go through this.”

Bob is working hard to ensure exactly that. Together, he and Lisa created the Matthew Gfeller Sport-Related Traumatic Brain Research Center at the University of North Carolina at Chapel Hill, where top doctors and researchers in the field are exploring ways to make the game safer at the high school level. “A lot of people say the work we’re doing is going to kill football,” says researcher Dr. Christopher Whitlow. “But it’s really the work that could save football.”

—With Diane Herbst and Michelle Boudin



Tyrell Cameron (left), in 2015, and Matthew Gfeller, in 2008.



A NEW HOPE

"Because I hadn't made a film before, the whole thing was scary," says Ridley (with John Boyega in *Star Wars: The Force Awakens*, right, and at the L.A. premiere, below).

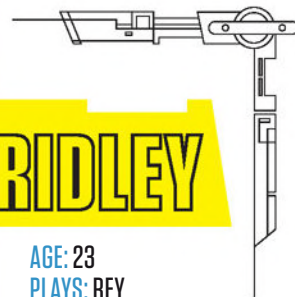


CRAZY FOR DAISY! ALL ABOUT THE GALAXY'S MOST SENSATIONAL NEWCOMER—AND MORE STAR WARS STANDOUTS



A STAR A

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DAISY RIDLEY

AGE: 23

PLAYS: REY

To come from nowhere and help save the galaxy? That's a Luke Skywalker-size undertaking. Or is it? As orphaned scavenger Rey, who becomes a warrior in the fight against the Dark Side, Ridley explodes onto the screen like she grew up flying the *Millennium Falcon*. That's quite a leap for an actress who graduated from performing arts school just five years ago and has appeared in small roles in British TV shows, including PBS's *Mr. Selfridge*. "It's just a very weird thing for a group of people to stand and take my picture," she told *People* at the *Force Awakens* premiere—her very first. However, she is proud that a woman is now leading the most fanboy-beloved franchise in history. "She's not royalty, she's not a princess, she's just an ordinary girl," Ridley says of Rey. "She has her own strength, though. I couldn't have asked to play a better role."

WAKENS

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Star Wars Scene-Stealers

JOHN BOYEGA

AGE: 23
PLAYS: FINN

The young Brit, who brings easygoing charm and humor to a stormtrooper turned hero, still can't believe his luck. "When J.J. Abrams sat me down and said, 'You're the new star of *Star Wars*,' literally everything just froze," says Boyega, whose turn in the 2011 sci-fi thriller *Attack the Block* had impressed the director. "The whole world was perfect in that moment."



For exclusive details about *The Force Awakens*, pick up *People's Star Wars* collector's edition, on newsstands now.



DOMHNALL GLEESON

AGE: 32
PLAYS: GENERAL HUX
HOW YOU KNOW HIM: BILL WEASLEY IN
THE HARRY POTTER FILMS

Potter fans will hardly recognize Gleeson as the Nazi-esque Dark Side leader. "I think General Hux would just like a little bit more order in the universe," jokes the son of Irish actor Brendan Gleeson. He also costars—as a much nicer guy—in the critically acclaimed movie *Brooklyn*.



OSCAR ISAAC

AGE: 36
PLAYS: POE DAMERON
HOW YOU KNOW HIM:
INSIDE LLEWYN DAVIS

The award-winning indie actor takes on his first blockbuster as an ace X-wing pilot. Filming in the cockpit wasn't easy. "At one point my lunch almost came up," says Isaac, who was born in Guatemala and raised in Miami. "I bet when Poe first went to flight school, he probably had something similar happen."



ADAM DRIVER

AGE: 32

PLAYS: KYLO REN

HOW YOU KNOW HIM:
HBO'S *GIRLS*

He might be a bad boyfriend on *Girls*—but he's a lot worse as Kylo Ren, a powerful villain who takes drastic measures to get revenge. The Juilliard grad and former Marine enjoyed going off script. "J.J. made everything very tactile, and [filming] kind of felt impromptu," he says. "It kind of felt like making it up as we go along."



GWENDOLINE CHRISTIE

AGE: 37

PLAYS: CAPTAIN PHASMA

HOW YOU KNOW HER:

GAME OF THRONES

If it's tough to tell that stormtrooper commander Captain Phasma is a woman, well, that's the point. "This is a female character that feels new, that feels modern," says the 6'3" British actress, who also wears armor as *Game of Thrones* warrior Brienne of Tarth. "It just seems logical to me that people want to see a more diverse representation of our society." So what do we call a woman barking orders for the Dark Side? Progress.

BB-8

The roly-poly droid was designed to steal your heart. "We always saw BB-8 as a naughty puppy or clever child," says creature creator Neal Scanlan. "They know how to be cute, how to sulk, how to pull at heartstrings to get what they want." Two funny humans—Bill Hader and Ben Schwartz—consulted on his electronic voice.



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EDDIE
REDMAYNE

His Life-Changing Year

AFTER A WEDDING AND AN OSCAR, THE STAR
EARNS BUZZ PLAYING A TRANSGENDER
WOMAN IN *THE DANISH GIRL* By **MARY GREEN**

WorldMags.net

Photograph by PETER HAPAK



1

1. Redmayne jokes that Oscar night “was a mixture of jet lag, caffeine and alcohol.” 2. He says shooting *Danish Girl* “was a mammoth education.” 3. Before starting *Fantastic Beasts*, he met with author J.K. Rowling.



2



3

Eddie Redmayne’s favorite

memory from Oscar night last February wasn’t the moment he won Best Actor for his portrayal of Stephen Hawking in *The Theory of Everything*. “At 4 or 5 a.m., my wife and about six or seven friends were back at the hotel,” he says. “We were having drinks on the roof of the Sunset Tower, and the sun began coming up over Sunset Boulevard. If you’re an Englishman, that’s the romantic Los Angeles dream. That is the memory I will not forget.”

So what did the 33-year-old still-rising star do for an encore? He delivered what some critics have called his best performance yet in the new movie *The Danish Girl*, in which he plays transgender artist Lili Elbe, one of the first people to undergo sex-reassignment surgery in the early 20th century. Both Redmayne and his costar Alicia Vikander, who plays Lili’s wife, artist Gerda Wegener, have been nominated for Golden Globe and Screen Actors Guild awards. He’ll head into another busy awards season—and a shot at a second straight Oscar—with his wife at his side. He and antiques dealer Hannah Bagshawe, 33, married a year ago in an 18th-century manor house near Bath, England. “It was the most wonderful thing,” he says with a grin. “We had been traveling promoting *Theory of Everything*. So to be home and surrounded by



The Real Danish Girl

Lili Elbe was a trailblazer, one of the first people to live openly as a transgender woman. Named Einar Wegener at birth, Elbe (shown pre-transition above, post-transition below) was a prominent Danish artist in the 1920s. "When I think how courageous you would have to be—no one had heard of transgender at the time," says *Danish Girl* screenwriter Lucinda Coxon. It helped that Elbe had the support of her wife, fellow painter Gerda Gottlieb. Says director Tom Hooper: "Theirs was an extraordinary love story."

friends. . . . It was a small wedding, but it was wonderful."

After the wedding, it was back to work for the Eton alum, who was a onetime classmate of Prince William's. Between awards stops, he began filming *Danish Girl*. "Hannah is an absolute saint," he says. "It's a ride for both of us. It's wonderful doing it with someone you love."



While Lili's story might seem especially timely in 2015, Redmayne was actually first offered the role by director Tom Hooper when the two were filming 2012's *Les Misérables*. "I was sucker-punched by the unique beauty of it," he says. While Hooper and producers hunted down financing, Redmayne dove into research to play Lili, seeking advice from many transgender people. "Some of the women offered surface advice," he says. "April Ashley, an elder trans woman in England, said about my voice, 'Don't go up in pitch. Find the femininity in your own voice.'" The key, he says, was "this idea that Lili was born Lili. Society and her notion of what was right in that period meant she had a forced masculinity." And so when Lili first began to transition, as shown in Gerda's early paintings of her in wigs and wearing bright lipstick, "there was almost an affectation to her femininity. Some of the trans women I spoke to talked about this phase of hyperfeminization, when you're wearing too much makeup or clothes that are too feminine."

"Eddie's dedication is unbelievable," says Hooper. "When he returned to the set right after the Oscars, he talked about the weekend for maybe three minutes and then said, 'Well, we should get back to it.' He's the most extraordinarily humble person."



After the movie wrapped, Redmayne did manage a summer vacation. "Hannah and I went to the Maldives, which was amazing, except I got burnt to a cinder despite having put on 926 SPF," he says. Shortly there-



Redmayne counts on wife Hannah (on Dec. 8) to call him out "if I drink the Kool-Aid to say, 'Wait a second.'"

'It doesn't get as good as this, and it probably won't again. You have to relish it'

after he started working on *Fantastic Beasts and Where to Find Them*, the highly anticipated adaptation of J.K. Rowling's book about creatures in the Harry Potter universe. Redmayne plays main character Newt Scamander. After back-to-back serious roles, Redmayne says, "I'm having the time of my life. There are moments when you look down on-set and see thousands of extras and the extraordinary cars, and you feel immersed. That's

when I get goosebumps."

For Redmayne, it's been the kind of year most actors can only dream of. "The weirdest thing is, if you're lucky enough to have the sort of luck I had this year, your life bulldozes and you don't have time to breathe," he says. "But it's been extraordinary. The most wonderful whirlwind." ●



DOUBLE
TALK

Mark Wahlberg & Will Ferrell

REUNITING FOR *DADDY'S HOME*, THE BUDDIES COMPARE HANDYMAN SKILLS, SPILL MARRIAGE SECRETS AND REVEAL HOW THEY TRY TO LOOK COOL FOR THEIR KIDS

In real life Will Ferrell, 48, and Mark Wahlberg, 44, have a friendly bond as fellow dads and Hollywood power players. But in their new comedy *Daddy's Home*, Ferrell, who plays a clean-cut stepdad, competes for the love of his stepchildren with their macho father, played by Wahlberg. The pair, who first teamed up for *The Other Guys* in 2010, talked with *People's* Jessica Fecteau about their children, their fix-it skills and how they stay normal in an "un-normal" world.



DUELING DADS
The duo try to one-up each other in *Daddy's Home*.

What do you do to convince your own kids you're still cool?

WAHLBERG Well, I used Will to be cool the other day. I was FaceTiming with my kids, and I was like, "Let's Skype with Elf!" And my 5-year-old just lit up like a Christmas tree, and my 12-year-old had an *Elf* T-shirt on. So it was pretty good timing.

What was your first impression of each other?

FERRELL I thought, "God, this guy eats really fast." He really gets through his meal. And I'm like, "Do I eat slow?"

WAHLBERG Yeah, I'm just always on the go. I got kids, so I always eat fast.

FERRELL But really, Mark was, like, just a killer from the moment we did the first read-through—to the point where I was like, "Gosh, I'm going to get blown away in the movie."

Will, you've been married 15 years; Mark, you've been with your wife for almost 15 years and married for 6.

What's your secret to happiness?

WAHLBERG Neither of us are, like, celebrity couples, so that helps. I think the key is to make a commitment to keep everything normal at home to balance out how un-normal the other stuff is.

FERRELL There's times where we have to spend big chunks of time on the road, and I think you have to be clear that once you get home, you're going to be right there, helping out with everything.

In the film Will's wife hires a handyman to fix up the house.

Are you handy?

FERRELL Not only am I not handy, there are times where the plumber will come and say, "Will, how are you? Everything good?" then go right to my wife to explain what's going on.

WAHLBERG Do you see the boots [pointing to his Timberlands], or do you think this is just a coincidence? I fix everything.

FERRELL I mean, I could change batteries in the TV remote, but that's about it. ●

FAMILY GUYS

Left: Wahlberg with wife Rhea and kids Michael, 9, Ella, 12, and Brendan, 7.
Right: Ferrell with wife Viveca and kids Axel, 5, and Mattias, 9.



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Ferrell approves
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comedy chops:
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STRENGTH OF SPIRIT

"I think I made it out stronger and in a better place," says Carson (in L.A. on July 31).

Above: with the *Ally McBeal* cast in 1997.

ALLY
McBEAL STAR
LISA NICOLE
CARSON

I've Been to Hell & Back'



THE *ALLY McBEAL* ACTRESS REVEALS HOW MENTAL ILLNESS NEARLY DESTROYED HER LIFE AND CAREER—AND HOW SHE FOUND HAPPINESS AGAIN

By **ELIZABETH McNEIL** Photographs by **AMANDA MARSALIS**

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At the peak of her success, Lisa Nicole Carson charmed audiences as Calista Flockhart's vivacious roommate and fellow lawyer on *Ally McBeal*, one of the buzziest TV shows of the late '90s. Onscreen she was the confident counterpart to Flockhart's flighty attorney—but behind the scenes Carson's life was spinning out of control as she struggled with bipolar disorder. From 1997 to 2004 she suffered “too many breakdowns to count,” she says. One, at a Manhattan hotel in 2000, made headlines. “I remember glass breaking,” says Carson. “Yelling. Screaming. Full-blown hysteria. Like being in the middle of a horror film.” She woke up, confused and frightened, in a psychiatric ward. It was a pattern that repeated itself until shortly before her contract for the hit show was not renewed. “When you lose your mind,” she says, “it’s as traumatic as it sounds.”

Opening up in depth for the first time about the mental illness that nearly shattered her life and her career, Carson says even her castmates didn’t know what had happened to her. “Sometimes I feel like people are surprised I am alive,” says Carson, 46. Adds her older brother Lester Carson: “It’s a testament to her strength that she never gave up trying to get better.” Now stable and living quietly in Hollywood, where she’s auditioning and hopes to resume her acting career, she says, “It’s a high risk for me to be open. But what happened to me was so big that maybe it’s my path to share it. The best part is getting to the place where I feel comfortable coming out of the shadows and the shame and humiliation. I hope I can help people.”

Carson, the third of four children, grew up in New York City and Gainesville, Fla., where her dad taught journalism.

Performing was always the most fun I could ever have. I started doing theater in second grade, *Fiddler on the Roof*, and I knew that’s what I wanted to do. I had a very charmed life and up into my mid-20s, lots of joy. And then in 1997, I started to have a series of nervous breakdowns. Real serious nervous breakdowns. It was like being in the haunted house at the fair. Sheer terror.

In 1996 Carson was cast as the girlfriend of Eriq La Salle on ER.

The first person who told me I was bipolar was [ER producer] John Wells in 1997. There was an emotional scene when my character was giving birth, and I had gotten too swept away. I don’t



1



2



3



4



5



‘Hollywood and fame and being on a hit show all happened at once. Being recognized didn’t scare me. It always tickled me’

FINDING SUCCESS

1. “I was pretty outgoing,” says Carson (in fourth grade in 1978). “I was in all the school plays and talent shows.”
2. With Demi Moore and a guest at a New York City Kids Foundation benefit in 1991. The group funds arts programs for children, including Carson herself early on. “We were both big supporters,” she says.
3. With Muhammad Ali at a fund-raiser in the ’90s: “He’s one of my greatest heroes. He was handsome and a bit flirtatious.”
4. “We had a blast, so much chemistry,” she says of Eriq La Salle (on *ER* in 1997).
5. “Calista is one of the best actresses I’ve ever worked with,” says Carson (with Flockhart at the 1999 Golden Globes).

think the other cast members knew what was going on. John saw the extra layer. He and my agent sent me to a psychiatrist who told me I had bipolar disorder. I had never heard of it. I was young and silly and thought the whole notion was ridiculous, so I just ignored it.

Later that year, she had her first psychotic breakdown at a party in New Orleans.

I remember something rubbed me the wrong way, and that was my last lucid moment. It’s hard for me to recall details. I remember screaming, things being knocked over, pulling down a curtain. Then I was walking down the streets of New Orleans dancing, and it was raining. I had a backless dress on, and I ended up a stranger’s house with four guys and asked if I could hang out. We listened to music and then laid down to sleep. One guy tried to make out with me, but nobody attacked me. If somehow they read this, I want to thank them for not hurting me. The next morning I continued to parade the streets in my mania. I called a friend because in my mind, I was partying like you’d never believe, but in reality I was having a nervous breakdown. My friend flagged down cops, and an ambulance took me to Charity Hospital.

Her father had her transferred to an East Coast psychiatric ward, where she spent several weeks.

I was in complete denial. There was no history of it in my family. They were trying to figure out what to do. I didn’t understand what the hell had happened to me. Afterward I was on lockdown in my apartment in Harlem. Everybody moved in and watched me. After I was home for a few months, my mom, who was then my manager, told me I had to snap out of it, that I had to go to work—that *Ally McBeal* was the big one.

I had been recognized for some of my films, *Love Jones* and *Devil in a Blue Dress* with Denzel Washington. But when *Ally McBeal* took off, I had never even dreamed of that kind of fame. I loved it. I drank it up like lemonade. One Oscar night we were invited to the Elton John party. It was walking distance to the *Vanity Fair* party. Whitney Houston walked by and said, “Lisa Nicole, I love you girl!” and I said, “Whitney, I love you too. Why can’t I get in there?” and she said, “That’s Lisa Nicole, let her in,” and I strolled on in to the *Vanity Fair* party, and I said, “Lord Jesus, Whitney Houston, let me in.”

She experienced more mania than depression and often took her family on shopping sprees.

For many years when I would have breakdowns, I would have euphoric experiences. I would go off into this heightened state of beauty and love and lust. Then I would wake up in the hospital. It’s like your whole body and your mind is taken over, and Lisa is gone. There were times

A woman with curly brown hair, wearing a bright blue tank top and blue jeans, is sitting on a light-colored couch. She is smiling and looking towards the camera. Her hands are clasped in her lap. The background shows a window with greenery outside.

**'I feel very alive,
more alive than
I have in years.
I'm ready to
embrace life
again'**

after a breakdown I barely knew my name. I would have to relearn my phone number, my address and my bank account.

In 2000 her disruptive behavior at a Manhattan hotel sparked rumors of drug use.

It was devastating to have people talk about me that way. I've never done hard drugs. My life was unraveling, and I retreated. I did not want to be medicated. I had not accepted I had an illness. The realization that something is wrong with you mentally is a hard thing to wrap yourself around.

A few weeks later, she returned to Ally McBeal.

Everyone was very sweet to me. I was mortified, but I stuck my chin up. I was so raw and so insecure and [show creator] David E. Kelley was warm and supportive. I busted my butt and worked hard. And then in 2001, I got the call: "We're not renewing your contract." Probably because it was too much bad press, too many rumors. I cried for a week. I don't harbor any ill feelings because at the time, people didn't understand it. It was scary to everyone—even scarier to me.

For the next year, she lived in the Hollywood Hills, bewildered by her illness.

I have been to many psychiatric wards—some

that are pretty horrific and some that are posh. I was so out of touch with reality that how I was living didn't shock or horrify me. The state of my mind was far more horrific than my surroundings. Then in 2004 I had a breakdown that was extremely dark and scary, the most terrified I have ever been. I heard voices telling me God is dead. I walked all night, wandering the streets of L.A., and I collapsed at a grocery store. I was rushed to a hospital, thrown down on a padded floor, and then someone squatted over my back and held me down and injected me with medication. When I finally got out of the hospital, I decided that whatever was going on in my life had to take second place. I had to take my medication regularly and fight this with everything I am.

She returned to New York to be with her mom, who died of cancer in 2011, and lived off her savings and proceeds from the sale of her Hollywood house.

I went through years of real sadness. I felt like I had a scarlet letter. I must have gained about 100 lbs. Some of that was due to the medication. I tried every medication until I found the right one. Some have made me comatose, almost bedridden. I withdrew from society. I also ate my way through

FRESH START

"Getting back in show business is daunting," says Carson. "But compared to what I've been through, it's a breeze."

Alexis, 6
acute lymphoblastic leukemia

I wish to have my journey
with cancer made into a
cartoon to raise awareness
of pediatric cancer

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CAST REUNION
 Carson joined *Ally McBeal* pals (from left) Gil Bellows, Greg Germann, Courtney Thorne-Smith, creator David E. Kelley, Calista Flockhart, Peter MacNicol and producer Bill D'Elia at the 2015 TV Land Awards. Says MacNicol: "Lisa was a joyful, radiant, positive being, and she enriched that show immeasurably."

New York City! Sometimes it was the only thing that made me feel good. I would be terrified to be photographed at a restaurant, but then I gained so much weight, people stopped recognizing me. I prayed a lot. The only reason I didn't blend in with my mattress was my cocker spaniel Josephine, who had to be walked three times a day. She kept me from sinking. In a way she saved my life.

In 2004 her psychiatrist put her on the mood stabilizer she is currently on.

I started to feel like myself again. If I had to describe it, it's kind of like the railroad system: dif-

ferent trains running through your mind, and once the medicine gets in, the tracks start to close and the trains shut down. I haven't had a breakdown for 10 years.

In 2014 she returned to L.A. to try acting again.

There were times I would sit on a couch for a whole year dreaming I could be at a place where I could get an audition. It's rare for someone who has had something as severe as I've had to come out the other side, so I'd like to let people know that you can. Somehow, through everything I've been through, I've managed to be a happy and positive person. I look forward to my future. ●

For more information on bipolar disorder, go to dbsalliance.org.

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THOMAS HENZI

California Almond Cake

THE EXECUTIVE PASTRY CHEF AT THE BEVERLY HILTON SHARES THE SWEET TREAT HE'LL BE SERVING THE STARS AT THE GOLDEN GLOBES ON JAN. 10

16 oz. almond paste
1 cup butter, softened
1¾ cups sugar
⅓ cup triple sec
3 large eggs
1 cup all-purpose flour
1 tsp. baking powder
Sliced toasted almonds
Powdered sugar

1. Preheat oven to 350°. In the bowl of a stand mixer using the paddle

attachment, cream together the almond paste, butter and sugar on medium-high speed for 2 minutes.

2. Reduce speed to medium-low, and slowly add the triple sec and eggs. Do not overmix.

3. Sift together the flour and baking powder; add to butter mixture and mix only until blended.

4. Pour batter into a greased and floured 9-in.

springform pan. Bake for 45 minutes. Cover the cake with foil to prevent over-browning, and bake for another 30 to 35 minutes.

5. Allow the cake to cool in the pan, and turn out onto a platter. Sprinkle with sliced almonds and powdered sugar before serving.

Makes: One 9-in. cake
Prep time: 15 minutes
Cook time: 1 hour 20 minutes



Golden Globes Menu

Appetizer

Eggplant, bok choy, daikon, lotus and mustard greens with ginger dressing

Entrée

Fillet of beef with marinara crust and slow-roasted black-garlic steelhead trout

Vegetarian

Salt-baked heirloom sweet potatoes with creamed-corn glaze

Dessert

Flourless Grand Marnier caramella, lemon mouseline croquantine, California almond cake

Expert Tip!

'This technique will work with any root vegetable, like parsnips, rutabagas, and turnips,' says Lagasse. 'You can also flavor the salt in any way you like, using your favorite herbs, spice or juice.'

**EMERIL'S
SALT-ROASTING
GUIDE**

**THE CRUST KEEPS
THE BEETS JUICY
AND SEASONS THEM
AT THE SAME TIME**



1. Buy beets that are the same size so they'll cook evenly. Wash and trim the ends.



2. Mold the salt mixture around each beet, making sure no skin is exposed.



3. Bake until the crust is deep golden brown and hardened.



4. Tap each beet with a fork and peel away the salt crust.

EMERIL LAGASSE

Salt-Roasted Beets

THE CHEF AND AUTHOR OF *ESSENTIAL EMERIL* OFFERS HIS EASY METHOD FOR PREPARING THE CLASSIC SIDE

- 8 large egg whites
- 6 cups kosher salt
- ¼ cup fresh orange juice
- 2 tbsp. fresh thyme leaves, plus more for garnish
- 2 lbs. beets in assorted colors, tops and root ends trimmed
- 3 tbsp. extra-virgin olive oil

- ½ tsp. coarse sea salt
- ¼ tsp. freshly ground black pepper

1. Preheat the oven to 400°. Line a baking sheet with parchment paper or aluminum foil.
2. In a large bowl combine the egg whites, kosher salt, orange juice and thyme. Using your hands, pack the salt mixture liberally

around each beet so it's completely covered. Place the salt-covered beets on the prepared baking sheet, making sure they do not touch. Bake until the crust is golden brown, 45 to 50 minutes.
3. Remove the baking sheet from the oven and let cool for about 10 minutes. Remove the salt crust by tapping on it with

a fork and cracking it open. Using a paper towel, gently rub the skin off the beets.
4. Slice the beets into ½-in.-thick wedges and toss with the olive oil, sea salt and pepper. Garnish with extra thyme, if desired, and serve immediately.
Serves: 4
Prep time: 20 minutes
Cook time: 50 minutes

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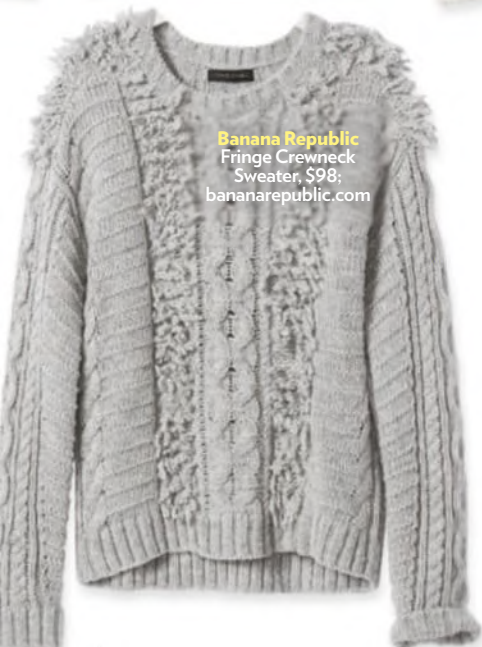
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KYLIE JENNER

I Have No Beauty Regrets

THE SOCIAL-MEDIA QUEEN ON ALL THOSE HAIR COLORS AND THE KEY TO HER CONFIDENCE

You're back to dark hair! I know. Some of my friends are like, "I never even got to see you with blonde hair!"

Do you ever dye your real hair? Or are you always playing with wigs?

I used to. Some of those teal colors were my real hair. But it'll fall out if I keep going from black to blonde to blue to green!

How do you keep it healthy? I don't do anything special. I put coconut oil in it once in a while, but really, I just hope for the best.

What's your daily beauty routine?

In the morning, if my face feels really clean, I'll just put on moisturizer. And I wear sunscreen.

And at night?

I usually take off my makeup and then I wash my face. But sometimes I'm bad. It's

so hard when you get home at midnight. I always chill downstairs for hours and fall asleep on the couch.

Where do you find beauty inspiration?

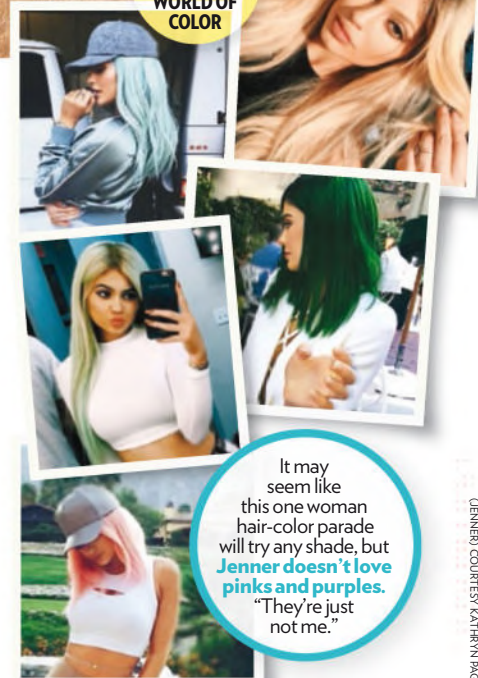
Instagram usually. People will tag me, so if I look at my hashtag I can find cool makeup looks. And I follow a lot of beauty Instagram handles.

There are great products in your beauty tutorials!

How do you find out about brands like Nip+Fab? People send me products, so I try fun, new things all the time. I feel like Nip+Fab [had been] popular for a while when I got into it. [Jenner became a spokeswoman for the brand in 2015.] I like the Dragon's Blood Fix Plumping Serum; it's very moisturizing.



MANE EVENT: KYLIE'S WORLD OF COLOR



It may seem like this one woman hair-color parade will try any shade, but Jenner doesn't love pinks and purples. "They're just not me."

Do you try a lot of treatments too?

Kim [Kardashian West] tried to get me to do this body scrub at a Korean spa—she gets them before her spray tans. She was like, "It's the best place ever." I went, and everyone was naked. I was like, "This is so weird, am I in the right place?" It was so uncomfortable. Kim's like, "You need to do it." But I just don't think I can.

Do you regret any of the beauty looks you've ever done?

Not really. Even doing weird things like wearing blue and green wigs, I didn't try

it because I thought, "Oh this is going to look so good," but because I wanted to express myself.

What message do you want to send to your young fans who want to look like you? I've always expressed how I feel on the inside physically, and that's really helped me with my confidence. People should express themselves however they want to. I just don't want to encourage young girls to look like me. I think it's cool to be yourself and not want to be like anyone else.

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Kylie's Take on Makeup

"I like to do my own makeup. I know exactly what I want," says 18-year-old Jenner, who prefers a "light, fresh" look to a "caked face." Her foundation of choice? Giorgio Armani's Face Fabric.

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Robert De Niro

THE OSCAR WINNER, 72, RETEAMS WITH JENNIFER LAWRENCE IN THE NEW FILM *JOY*

Last game

I played checkers with my daughter [Helen Grace, 4] yesterday. I'm just now teaching her the basics, so I let her win. We're not at that stage yet where I can beat her.

Last thing I took from a set

Let's see, I took some of my props, like a watch and glasses, from *The Wizard of Lies* [in which he plays Bernie Madoff]. I usually keep as many of the props as I can, and I give them to a place that keeps all my stuff. I started doing that years ago.

Last time I sang out loud

In *Joy* actually, but they cut that out. I like to sing, but I'm not a singer. I sing very little around the house, but sometimes I'll sing my daughter a little nursery rhyme or something like that.

Last gift I received

I was in Moscow a couple of weeks ago at a dinner party. An artist that I met like 30 years ago was there; he did a sketch of me with a Flair pen on a plate, and he gave it to me.

Last moment of bliss

Well, I'm always happy with my kids but especially my youngest daughter, because I look at her and she's just a miracle. I see myself in her. She looks a little like me, but I haven't noticed any behaviors yet. We'll see in a few years.

Reported by **Julie Jordan**



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